



FOOTNOTES



VOLUME 37

June 2015 – August 2015

OTTAQUECHEE SECTION

NUMBER 2

GREEN MOUNTAIN CLUB

IF YOU WOULD LIKE TO RECEIVE THE FOOTNOTES IN AN E-VERSION RATHER THAN BY MAIL, PLEASE LET HEINZ TREBITZ KNOW AT iht63@wavecomm.com.

SPRING WALK-THRU

In 2012, the O-Section AT responsibility was expanded to 46 miles, stretching from Elk Street in Norwich to the new Maine/Long Trail Junction in Killington. At the same time we changed our trail maintenance from doing the work in three or four group outings during the year, to the general GMC practice, assigning trail sections to volunteer adopters. Now we have 24 adopters, each maintaining between two and three miles of the trail.

Remember the times when we met at the Woodstock Recreation Center and Harry Temple handed out tools and assigned trail work to groups of two or three friends? It's different now.

Our spring walk-thru took place on May 2nd. After calling in to Lee Eastman (O-Section Trails and Shelters Chairman) about section assignments, 12 volunteers covered all of our 46 AT miles. Some people did more than one section (record held by David Newbury with five). They did minor trail work, but mainly noted trail conditions. They reported back to Lee about downed trees and their location, the need for brush cutting and water bar clearing, and their end-of-the-day tick count. In turn, the reports were forwarded to the respective trail adopters, as well as to GMC headquarters.

Apparently everybody had a good time re-visiting part of the O-Section AT. With the new information in hand, adopters or (where needed) work groups can schedule their own field day. We are considering another walk-thru in late summer or during fall leaf season, and meeting after the event for a snack and a beer.

Thanks to everybody for making this walk-thru a success!

Lee Eastman/Heinz Trebitz

June 1 is the registration deadline for the
GREEN MOUNTAIN CLUB'S 105TH ANNUAL MEETING
SATURDAY, JUNE 13, 2015

At the Green Mountain Club Visitor Center in Waterbury Center, Vermont

Information about the schedule of events, accomodation and outings can be found in the spring edition of the Long Trail News or on the GMC website (www.greenmountainclub.org).

Late Winter Ice

The short Saturday hike started routinely enough April 4. But it briefly resembled one of the many occasions when Wiley E. Coyote runs in the air before realizing he has shot off the edge of a cliff. With a less dramatic ending. Fortunately.

The plan: Walk 1.1 miles up the Brownsville Trail on Mount Ascutney to the abandoned Norcross Quarry, which offers nice views of Brownsville and the country beyond. The personnel: Dick Andrews, Harry Temple, Fay Weber and Heinz Trebitz.

Patches of ice appeared in the woods, calling for creepers and microspikes. They were essential when the trail merged onto the old quarry haul road, where water seeping onto it had formed a glassy shelf of ice.

Hoping for better conditions, we progressed up the ice for some distance before realizing that while traction devices provided footing, they would be no help if we fell—we would simply accelerate down the road and into the woods. The road showed no improvement as far as we could see.

We picked our way gingerly back to the lower stretch of switchbacked foot trail, where Heinz showed better sense than the rest of us and tromped down the fall line through the ice-free and snow-free woods. After conferring at the cars we drove to Mount Ascutney State Park, where we went for a stroll up the mountain road, closed to vehicles for the season.

The moral: Live and learn. We should have turned back sooner. The mountain will always be there later. *Dick Andrews*



Photo: Dick Andrews

"O" SECTION SPRING ACTIVITIES, JUNE - AUGUST 2015

*** = Easy on the knees.

Don't forget, if conditions don't seem good for scheduled outing, call leader for "Plan B": change in venue, mode of travel, or both!

BACKCOUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

June 2 Tues	Hike	Bare Rock Vista, Windsor VT. Futures Trail on lower slope of Mt. Ascutney. Great views for a short (but steep) hike. 2.4 mi, 700' elevation gain. Easy - Moderate.	Dick Andrews 802-885-3201
June 6 Sat	Nat. Trails Day Hike	Sherburne Pass to River Rd, Killington VT. Sherburne Pass Trail & Appalachian Tr. Lovely Kent Pond & Thundering Falls. 4.5 mi, 290' elev. gain. Car spot. Moderate.	Dick Andrews 802-885-3201
June 7 Sun	Hike	Mt. Mansfield (4395'), VT's highest peak. Loop from Underhill, traverse open ridge from Forehead to Chin. 360° views. 9.3 mi, 2800' elevation gain. Strenuous.	Peter Hope 603-863-6456
June 8 Mon	Hike w/ UVLT	Explore newly acquired Ely Mtn. Conservation Area before Upper Valley Land Trust's Annual Mtg. 3 – 4 mi, 500' elevation gain. Moderate. Hike is free; fee for dinner.	Jason Berard jason.berard@uvlt.org
June 9 Tues	Hike	Loop hike in Union Village Dam area; from Thetford Hill down to Buzzell Bridge Road and back up thru State Park. 5 miles; moderate.	Heinz/Inge Trebitz 802-785-2129
Jun 12-13 Fri - Sat	Hike/ Meeting	GMC's 105 th Annual Meeting at GMC Hdqtrs, Waterbury Ctr, VT. Featuring work hike Fri. a.m, grand opening of Winooski River Footbridge Fri afternoon; meeting, hikes & dinner Sat.; entertainment both eves. www.greenmountainclub.org	GMC Headqtrs 802-244-7037
June 14 Sun	Hike (or 6/27)	Flag Day! A.T. and dirt road hike, West Hartford and Pomfret, VT. Almost a loop: Joe Ranger Rd, A.T., Clay Rd. 7 mi. Easy – Moderate.	Heinz/Inge Trebitz 802-785-2129
June 16 Tues	Hike	Loop from Billings Farm to North Peak of Mt. Tom, Woodstock, VT. 3 mi, a few hundred feet elevation gain. Easy / Moderate.	Peter Hope 603-863-6456
June 20 Sat	Hike	Moose Mtn. traverse, Hanover/Lyme, NH. A.T. from Three Mile Rd to Goose Pond Rd, over South (view) & North Peaks. 8-9 mi, ~ 1200' elevation gain. Moderately strenuous. Rain date 6/21.	Debbie Marcus 802-457-9047 978-578-4198 cell
June 21 Sun	Dad's Day/ Solstice Hike	w/ ADK on Giant Mtn (4627'), Adirondacks, St. Huberts, NY. Giant's Nubble, Zander Scott & Roaring Brk Trls. Open summit views. 7.8 mi, 3800' elev. gain. Very Stren.	Peter Hope 603-863-6456
June 23 Tues	Bike Ride	Lyme, NH. To Goose Pond; out & back or loop, 21 mi. either way. Quite a bit of dirt; mountain or hybrid bike needed. Moderate.	Heinz/Inge Trebitz 802-785-2129
June 23 Tues	Bike Ride ***	Around Lake Morey, Fairlee, VT. Lovely scenery. 6 miles. Easy. ***	Inge Brown 802-280-8017
June 27 Sat	Hike	Stratton Mtn. (3936'), Stratton, VT. Fire tower, great views, nice trail. AT and LT conceived on summit. 6.6 mi., 1600' elevation gain. Moderate.	Dick Andrews 802-885-3201
June 28 Sun	2-fer Hike	Early a.m. to Esqua Bog (to see showy lady's slippers), Hartland. Then Deer Leap, Killington, VT for 2 - 3 mi. hike in memory of Claude Janeway. Can do 1 or both. ajaneway@gmail.com	Annie Janeway 413-374-0988
June 30 Tues	Hike ***	White River Ledges loop in West Hartford, VT. Nature Conservancy land. 2 miles. Easy. ***	Inge Brown 802-280-8017
June 30 Tues	Planning Meeting	Planning mtg for Fall (Sept.-Nov.) outings. 7:00 p.m. at the Trebitz home. Come early to swim. Call Kathy Astraukas (802-785-4311) ahead with ideas if you can't join us.	Heinz/Inge Trebitz 802-785-2129
July 4 Sat	Hike	Climb up on lovely rebuilt Chittenden Brook Trail, then descend on Long Trail to Brandon Gap, VT. 6 mi, 1646' elevation gain. Moderate. Easy car spot.	Peter Hope 603-863-6456
July 5 Sun	Hike	Appalachian Trails & Tales: Join a Marsh-Billings-Rockefeller Nat. Hist. Park Ranger to explore A.T. & history that shaped this landscape near Woodstock, VT. 3 mi. Mod. 10 am – 1 pm.	Juergen Ewert 802-457-4345
July 5 Sun	Hike	Carter Dome (4832') & Mt. Hight, White Mtns, NH. 19 Mi Brk Tr, Carter Hut, Carter-Moriah Trail to summits; views! Back via Carter Dome Tr shortcut. 10.2 mi, 3450' elev gain. Very Strenuous.	Peter Hope 603-863-6456
July 7 Tues	Hike ***	Storrs Pond Ring Trail, Hanover, NH. Loop hike, 2 miles. Very short ups and downs around the pond. Easy. ***	Inge Brown 802-280-8017
July 9 Thurs	Bike Ride	Mascoma Lake, NH. 23 mi (2 mi. dirt, several mi. on rail trail). Easy.	Dick Ruben 802-333-3707

July 11 Sat	Hike	Mt. Pisgah, Westmore, VT. Exceptional views: Lake Willoughby, Gr & Wh Mtns, to Canada. Open exposed ledges & cliffs. Opt. swim after. No dogs. Rain date 7/12.	Debbie Marcus 802-457-9047 978-578-4198 cell
July 12 Sun	Hike	Mt. Moosilauke (4802'). Up Gorge Brook Trail to summit, & across to S. Peak. Then decide which loop trail to take back to car. ~ 7 mi, ~ 2400' elev. gain. Mod-Stren.	Pat Nowlan 802-578-3980
July 14 Tues	Hike	Bridal Veil Falls, Franconia, NH. Coppermine Trail, Coppermine Shelter. Gorgeous falls. 5 mi, 1200' elev. gain. Moderate with a few short, steep sections.	Kathy A/Bob Hagen 802-785-4311
July 16 Thurs	Bike Ride	Chester, Grafton VT loop. Picture-perfect VT town, Grafton Cheese Factory; lunch (bring or buy); optional Scottish pub afterwards. 27 mi, mod. w/ 1 steep walkable hill.	Dick Ruben 802-333-3707
July 18 Sat	Hike w/ UVLT	Dartmouth Forest, Corinth, VT to Eureka Mine, Maplewood Inn loop hike with UVLT. 4 - 5 mi on trails & woods roads, poss. easy bushwhack, 1100' elev. gain. Moderate.	Jason Berard jason.berard@uvlt.org
July 19 Sun	Hike	Appalachian Trails & Tales: Join a Marsh-Billings-Rockefeller Nat. Hist. Park Ranger to explore A.T. & history that shaped this landscape near Woodstock, VT. 3 mi. Mod. 10 am – 1 pm.. tomlinda.kahl@gmail.com	Tom Kahl 207-692-7495
July 19 Sun	Hike	VT's Monroe Skyline. Mt. Abe (4006') via Battell & Long Trails, LT over Mt. Ellen (4083') to App Gap. Great lookout views. 12.3 mi, >3400' elev. gain. Very strenuous.	Peter Hope 603-863-6456
July 21 Tues	Paddle ***	Grafton Pond, Grafton, NH. Very scenic; no power boats above 5 mph. Miles of nooks/crannies. Paddle, picnic, swim. Bring lunch. 4-6 mi, Easy-Mod. PFD required.	Harry Temple 802-738-8405
July 25 Sat	Hike (& Swim)	Hike to remote Griffith Lake, Peru VT, from south via woods road, and to Peru Peak Shelter on LT / AT. 5.3 mi., 480' elevation gain. Swim possible. Easy.	Dick Andrews 802-885-3201
July 26 Sun	Hike & concert	Hike trails around St. Gaudens & possibly Town Forest, Cornish, NH. Attend afternoon jazz concert. Small fee or Golden Eagle Pass. ajaneway@gmail.com	Annie Janeway 413-374-0988
July 28 Tues	Moonlight Hike	Enjoy July's blue moon on Cross-Rivendell Trail in Vershire, VT, to Patterson Mtn open summit. 1.2 mi, steady up (& down). Moderate.	Heinz/Inge Trebitz 802-785-2129
Aug 1 Sat	Hike *** (& Swim)	Lowell Lake, Londonderry VT. Loop in attractive state park with Revolutionary War-era cemetery. 3.3 mi, 250' elevation gain. Swim possible. Easy. ***	Dick Andrews 802-885-3201
Aug 2 Sun	Hike	Appalachian Trails & Tales: Join a Marsh-Billings-Rockefeller Nat. Hist. Park Ranger to explore A.T. & history that shaped this landscape near Woodstock, VT. 3 mi. Mod. 10 am – 1 pm.	Pat Nowlan 802-578-3980
Aug 2 Sun	Hike	Whiteface Mtn (4020'), Sandwich Range, NH. McCrillis Path, Blueberry Ledge (some rock scrambles), Flat Mtn Pond Tr. Views! 11.3 mi, >2500' elev. gain. Very strenuous	Peter Hope 603-863-6456
Aug 4 Tues	Bike Ride *** & Swim	Burlington, VT Bike Path. Out and back, with swimming and ice cream. 12 miles. Easy. ***	Inge Brown 802-280-8017
Aug 8 Sat	Hike & Swim	Green Mtn - Little Rock Pond loop, Mt. Tabor, VT. See views from the mountain, swim in the pond! 7.0 mi, 1100' elevation gain. Moderate.	Dick Andrews 802-885-3201
Aug 9 Sun	Hike	Camels Hump (4083'). Loop fr Huntington (W) side: Forest City Tr, Montclair Glen Lodge, LT under steep "face" of lion, Burrows Tr. 360° views! 6.5 mi, 2400' elev. gain. Mod – Stren.	Pat Nowlan 802-578-3980
Aug 11 Tues	Hike	Trails from King Farm, Woodstock, VT to viewpoints; maybe The Pogue (on Mt. Tom). 3 - 4 mi, several hundred feet elevation gain. Moderate.	Peter Hope 603-863-6456
Aug 15 Sat	Hike	Welch (2605') & Dickey (2734') Loop Trail, Waterville Valley, NH. Open summits & ledges, great views. 4.4 miles, 1800' elev. gain. Moderate with some steep parts.	Heinz/Inge Trebitz 802-785-2129
Aug 16 Sun	Hike	Lost Pond Bog (2720'), Big Branch Wilderness near Danby VT. Floating bog mat, pitcher plants, etc. 7.5 mi (6 mi Long Tr, 1.5 mi bushwhack). 1300' ascent. Moderate.	Dick Andrews 802-885-3201
Aug 18 Tues	Hike	Mystery hike on private 5K (3 mi.) trail laid out by John Morton in Woodstock, VT area. Moderate, with some hills.	Peter Hope 603-863-6456
Aug 22 Sat	Hike	Worcester Range, Middlesex, VT; up Mt. Hunger (3539'), wooded ridge (cool on hot day) to Worcester Mtn. (3293'). Views! 9-10 mi, >2000' elevation gain. Car spot; Possibly key exchange if 8 hikers. Supper in Montpelier. Moderate.	Nick Krembs 802-649-1048
Aug 23 Sun	Hike	Mud Ponds (2600'), Peru Peak Wilderness, Nat. Forest near Danby VT. Tranquil remote ponds. 5.6 mi: 4.4 mi Old Job Tr, 1.2 mi bushwhack; 800' ascent. Moderate.	Dick Andrews 802-885-3201

Continued on Page 5

- Page 4 -

Schedule continued from Page 4

Aug 25 Tues	Bike Ride ***	From Wilder to West Hartford, VT. Out-and-back. 12 miles. Easy. ***	Inge Brown 802-280-8017
Aug 27 Thurs	Bike Ride	Haverhill, Newbury, Woodsville, Swiftwater, NH. Very scenic. 28 mi. Easy Plus.	Dick Ruben 802-333-3707
Aug 29 Sat	Hike w/ UVLT	Ascutney Traverse with Upper Valley Land Trust: Up Weathersfield Trail, down Windsor Trail. 5.6 mi, 1900' elevation gain. Moderate.	Jason Berard jason.berard@uvlt.org
Aug 30 Sun	Hike	Fr. US-2 near Bolton, VT. New Winooski River Bridge, new LT route N over Stimson Mtn, return on old LT to near Jonesville. 10+ mi, ~2200' elevation gain. Strenuous.	Peter Hope 603-863-6456
ADVANCE NOTICE Sept 5 - 7 Sat - Mon	Overnight	Labor Day Weekend at Wheeler Pond Camps, Barton, VT. Hiking, biking, paddling possible. Peter plans to lead hikes on northern Long Trail on Sunday and Monday. Please sign up ASAP for either or both nights. (We will divide the fee)	Peter Hope 603-863-6456



NOTES IN PASSING

A Gauche! On Your Left!

You hear it all the time at the Canadian Ski Marathon, when faster skiers pass you. It is not just polite, it also helps prevent crashes. We use it on bike trips too, and I thought it was kind of an international custom.

Heinz and I recently hiked in Germany, in the “Taunus” mountains, beyond the suburbs of Frankfurt. The highest, Feldberg, rises to almost 3000 feet, with beautiful stands of huge oaks and spruce and fir. Its slopes are crisscrossed with well-marked logging roads, trails and narrow twisting foot paths.

We had hiked there fifty years ago, when we lived in Frankfurt, and wanted to re-visit some of our favorite places. Would they still be the same?

We soon found out that many people still head for these hills, no matter the day of the week. The “Fuchs Tanz” (fox dance) restaurant in the middle of the woods was as crowded as we remembered it. But something had changed: Most of the visitors to the “Taunus” were not walking, but on mountain bikes. They pedaled up the wider dirt roads, and then many of them bounced down the rocky, narrow hiking trails. No warning, no “on your left”! You better just jumped out of the way. Something else we noticed, and we could not blame it on anybody: The invasive plants that we are concerned about in the eastern US are just as common in Germany: Garlic Mustard grows along the roadsides, Bed Straw crawls into the fields, and Japanese Knotweed pushes up on the edge of wet areas. We mentioned it to some friends, but nobody seemed to care.

Inge Trebitz

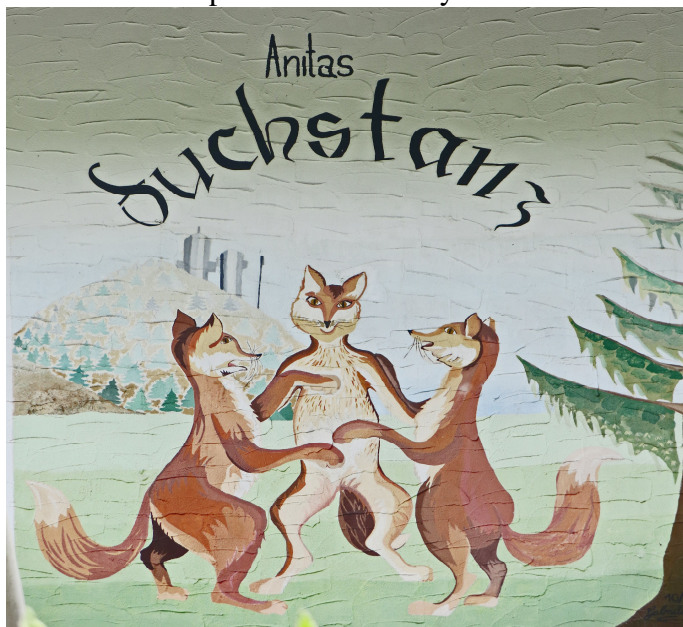


Photo: Heinz Trebitz

OTTAUQUECHEE FOOTNOTES

©Green Mountain Club - Ottauquechee Section

http://gmc-o-section.org

Ottauquechee Section Editor

Ingeborg M. Trebitz

480 Colby Road N.

Thetford Center, VT 05075

Tel: 802-785-2129

e-mail: iht63@wavecomm.com

AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB

Who are we? Founded in 1910, the Green Mountain Club was established "to make the mountains of Vermont play larger roles in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

What is the Ottauquechee Section? Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "O" Section is responsible for the maintenance of 46 miles of Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

We invite you to join! If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Ottauquechee Section welcomes you. Through the quarterly GMC Long Trail News and the "O"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Patty Spencer at 802-333-3571.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, att. Joe Sikowitz. Please enclose a check, payable to the Green Mountain Club.

APPLICATION FOR MEMBERSHIP

I (we)wish to join the Ottauquechee Section of the Green Mountain Club.

A check for \$ _____ is enclosed.

Name(s) _____ Date _____

Address _____ Telephone #:

_____ E-mail: _____

Dues per year are \$ 45.- for adults and \$ 60.- for families