



# FOOTNOTES



VOLUME 41

June 2019 – August 2019

UPPER VALLEY  
OTTAUQUECHEE SECTION  
of the  
GREEN MOUNTAIN CLUB

NUMBER 2

PREFER RECEIVING THE FOOTNOTES BY e-MAIL? Send a request to [HeinzTreibitz@gmail.com](mailto:HeinzTreibitz@gmail.com)

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**GREEN MOUNTAIN CLUB'S  
109<sup>TH</sup> ANNUAL MEETING  
FRIDAY, MAY 31 – SUNDAY, JUNE 2  
WINDRIDGE TENNIS & SPORTS CAMPS,  
ROXBURY  
hosted by MONTPELIER SECTION**

**QUICK OVERVIEW OF THE EVENTS:**

FRIDAY MORNING: WORK HIKE  
EVENING: WELCOMING RECEPTION  
SAT. MORNING: BIRD WALK/ TRAIL RUN  
ANNUAL MEETING FOR ALL GMC SECTIONS  
AFTERNOON: 12 DIFFERENT OUTINGS  
EVENING: DINNER; SILENT AUCTION  
PRESENTATION BY NATURALIST *SUSAN MORSE*  
ABOUT WOLVES, COYOTES AND FOXES  
SUNDAY MORNING TRAIL MAINTENANCE WORKSHOP

If you have never attended a GMC Annual Meeting,  
this is the perfect opportunity!

For details, refer to the spring edition of the  
2019 LONG TRAIL NEWS (Pages 28/29).

Registration [greenmountainclub.org/meeting](http://greenmountainclub.org/meeting)  
or call 802-241-8324

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## April Work Day Rained Out

12 years ago, on April 11, 2007, our Taylor Series show had to be cancelled because of a snow storm. Did we learn our lesson?

Not quite! Our first work day on the AT this year was planned for April 27, and got thoroughly rained out. *Heinz* had solicited trail information from the adopters for the stretch of AT from Chateaugay to Cloudland Road. Major blow downs were reported for spots near Chateaugay (*Laurelae Ohler's* Segment in Barnard) and Old Stage Rd (*Alyssa and Mike Pearl's* segment in Woodstock). More work, too, (reported by *Debbie Markus*) for Wintturi Shelter which had a big puddle right in front of the lean-to.

Remember *Harry Temple* assigning work for the walk-through 10 years ago?. We used to meet at the bridge in Woodstock next to the swimming pool, and the transportation logistics appeared more demanding than the actual trail work. Nothing really has changed since. It's still tedious figuring out who is driving with whom and to where, and making sure the crew finds a car at the end of their assigned work segment. Again, April 27 work day: all done and ready to go, and then the rain came. After a flurry of e-mails and telephone calls we decided to call it off. We reasoned that even with tolerable rain we should not venture out on a trail soggy and treacherous from the late spring thaw. There must be a rain date (sic), of course, but planning for another try means starting all over again. This time it's *Bob Hagen* to organize the work crews. Read his respective e-mail, next page:

(Continued from Page 1)

*"As of this morning, I have one adopter who has filed a report (Cossingham Road to Happy Hill shelter). There are several blowdowns, but none that impede hiking/running. I plan on working on that section Monday morning. There's more of a mess from Happy Hill shelter to Route 14. Cathy Redpath is aware of that and will take care of it. Nick will chainsaw one large blowdown on that section. On Tuesday, Nick and I will take care*

*of the blowdown north of Stage Road, and we plan on getting the blowdown off Chateaugay Road later this week. I have not been out, but will get information on my stretch before my scheduled workday on the 18th."*

**By the time this newsletter is in your hands, most of that work has been done (but more to come). Thanks to our hard-working trail maintainers and helpers!**



## Ways with Wood

### Problems now:

Get the wood out of the way.

Usually, a chain saw with a small size bar (no more than 16") will do the work. It's the number of trees - like 21 in the Stage Rd blow-down on left - and their lying criss-cross which creates different tensions for each cut.

Photos and report: *Inge & Heinz Trebitz*

### Problems way back when:

To get to the tree, cut it, and transport it to the saw mill.

In 1927, the first gasoline powered commercial chain saw was produced by Dolmar. It had a huge bar (more than 48") and was operated by two men. Before that they used cross cut saws. To get to where the trunk tapers six feet above the ground, holes were cut into the tree on both sides. So-called "springboards" were inserted on which the sawyers would stand to make the cut. We found this tree with the holes in an old-growth forest in British Columbia.





## "O" SECTION SPRING ACTIVITIES, JUNE - AUGUST 2019

\*\*\* = Easy on the knees.

Don't forget, if conditions don't seem good for scheduled outing, call leader for "Plan B": change in venue, mode of travel, or both!

BACKCOUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

May 31- Jun 2 Fri-Sun	<b>GMC Annual Mtg</b>	GMC's 109 <sup>th</sup> Annual Meeting at Windridge Tennis & Sports Camps, 1215 Roxbury Rd, Roxbury, VT. Hosted by Montpelier Section. Meeting, hikes, trail maintenance, dinner, entertainment, workshops. <a href="http://www.greenmountainclub.org">www.greenmountainclub.org</a>	GMC Headqtrs 802-244-7037
Jun 4 Tues	Hike	Oliverian Trails, Pike, NH. Uphill hike, downhill return, ~ 5.5 mi. Great views to Black Mtn, Sugarloaf, Moosilauke from cabin at top. Moderate. Cell 603-359-7243	Cathie Redpath 802-649-3862
Jun 8 Sat	History Hike	Tucker Mtn (1696'), West Newbury, VT. Recently conserved by VT Land Trust. Cellar holes, vernal pool, fabulous views from top. ~3.5 mi, 500' elevation gain. Local expert guide Tom Kidder (who wrote a history of the mountain.) Rain date 6/9.	Marcia Dunning 802-333-4340
Jun 9 Sun	Bike Ride	Beautiful ride with road or hybrid bike, Brattleboro, VT. Part of <a href="http://strollingoftheheifers.com">strollingoftheheifers.com</a> . \$35; pre-registration recommended. Lunch included. Sign up for 15 miles, extension possible. Some hills.	Annie Janeway 413-374-0988 <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>
Jun 11 Tues	Bike Ride ***	Loop around Lake Morey, Fairlee, VT. All paved, beautiful views of lake. 6 miles. Easy. ***	Inge Brown 802-280-8017
Jun 11 Tues	<b>Planning Meeting</b>	Planning meeting for Fall (Sept.-Nov.) outings. 7:00 p.m. at Lynne Miller's home. Call Kathy Astraukas (802-785-4311) before with date preferences if you can't join us.	Lynne Miller 802-785-4410
Jun 15 Sat	<i>A.T. Hike w/ Ranger</i>	<i>Boots to Boats: w/ Marsh-Billings-Rockefeller Nat. Hist. Park, explore A.T. &amp; landscape history. VT-12 to Woodstock Stage Rd. 2.2 mi, 700' elevation gain (steep initial climb). Moderate. Limit 12; reserve during business hours. UVO-Sect. co-leader Tom McCleary 802-295-7592.</i>	MBRNHP Visitor Ctr 802-457-3368 ext. 222
Jun 15 Sat	Hike	Mt. Hunger (3539') – White Rock Mtn. Loop. Up E side: Middlesex Tr, Bob Kemp to Wh. Rock Mtn; cross ridge to Mt Hunger, down Middlesex Tr. 6.5 mi, 2200' elev gain. Mod - Strenuous.	Tom Kahl 207-692-7495
Jun 16 Sun	Hike	Father's Day - Mt. Cushman, Rochester, VT. Old road beds, then ridge walking. Nice views. ~ 5 mi. Moderate. Cell phone for texts: 802-356-0428 <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>	Susan Ogden- work Mon-Thurs 7:30-4, 603-442-6770
Jun 18 Tues	Hike ***	Level LT walk in Winooski Valley from Duxbury Rd to US-2. Pleasant fields, river views, spectacular footbridge over river. If round trip, 5.2 mi. If one-way, 2.6 mi. with car spot. Easy. ***	Peter Hope 603-863-6456
Jun 22 Sat	Hikes, etc.	Join the Northeast Kingdom section's opening celebration for their completed ~20 mi of new trail: Bluff Ridge, Middle Mtn, Gore & Unknown Pond Trail. Island Pond, VT, in conjunction with town's Welcome Summer Festival. Several guided hikes led by NEK volunteers. <a href="http://nekgmc.org">nekgmc.org</a>	Jean Haigh <a href="mailto:jhaighvt@gmail.com">jhaighvt@gmail.com</a>
Jun 23 Sun	Bike Ride	Loop from East Thetford, about 18 miles; paved and dirt roads, some hills. Moderate	Inge Trebitz 802-785-2129
Jun 25 Tues	Bike Ride ***	Wilder to West Hartford, VT loop. About 12 miles. Easy. ***	Inge Brown 802-280-8017
Jun 25 Tues	Hike	Black Mtn (2830'), East Haverhill, NH. Chippewa Tr. Views!!! esp.of Moosilauke. Short side trips to Tipping Rock near summit, Lime Kilns at bottom. 3.6 mi, 1550' elevation gain (steep). Mod-Stren.	Cathie Redpath 802-649-3862 Cell 603-359-7243
Jun 29 Sat	<i>A.T. Hike w/ Ranger ***</i>	<i>Boots to Boats: Join w/ Marsh-Billings-Rockefeller Nat. Hist. Park to explore A.T. &amp; history that shaped this landscape. Woodstock Stage Rd. to Pomfret Rd. 2.2 mi, 300' elev. gain. Easy. *** Limit 12; reserve during business hrs. UVO-Sect. co-leader Inge Trebitz 802-785-2129.</i>	MBRNHP Visitor Ctr 802-457-3368 ext. 222
Jun 29 Sat	Hike	Calvin Coolidge State Park, Plymouth. VT. 3.6 mi, 500' elevation gain. Moderate. Possible option for more distance on Class IV or logging roads.	Tom McCleary 802-295-7592
Jun 30 Sun	Hike	East Dorset Trail. Explore GMC's reconstruction of historic trail along abandoned road in dramatic ravine along beautiful stream. 6.6 mi, 1480' elevation gain. Moderate.	Dick Andrews 802-885-3201
July 2 Tues	Hike ***	Eshqua Bog, Hartland, VT. Orchids, lady's slippers, bog plants, cold-climate holdovers from last glacial period. 2-acre fen traversed by a boardwalk. Max grp size 8. Easy ***	Inge Brown 802-280-8017
July 4 Thurs	Bike Ride	Loop from Bellows Falls to Saxtons River, VT, where there is a wonderful small town celebration with a parade, food trucks, interesting vendors etc. ~ 17 miles. Moderate. <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> (Email contact preferred)	Duncan Love 802-226-7697
July 6 Sat	Hike	Dirt trail loop in Union Village Dam area of Thetford, starting on Tucker Hill Road. Some views and ups and downs. 4 – 5 miles. Moderate.	Inge Trebitz 802-785-2129

July 7 Sun	Hike	LT hike from Spring Lake, Cuttingsville, VT. Airport Lookout, Clarendon Gorge. Views, lovely gorge. ~ 2.5 mi, mostly level & downhill, with ~900' descent. Easy. Car spot.	Peter Hope 603-863-6456
July 9 Tues	Bike & Swim ***	Around Upper Mascoma Lake (5+ miles); swim at Shaker Bridge (if open). Easy. ***	Inge Brown 802-280-8017
July 10 Wed	Bike Ride	3 Ferry Bike Ride. Burlington, VT Waterfront; Port Kent & Plattsburgh, NY; S. Hero; Colchester Causeway; Burlington Bike Path, ~40 mi, no real hills. ~\$20 for ferries. Rain/wind date 7/11. duncanlove4024@yahoo.com (Email contact preferred)	Duncan Love 802-226-7697
July 13 Sat	A.T. Hike w/Ranger	<i>Boots to Boats</i> : with Marsh-Billings-Rockefeller Nat.Hist.Park, explore A.T.& landscape history. Pomfret Rd. to Cloudland Rd. 1.8 mi, 700 elevation gain. Steady climb, views at top! Easy-Mod. Limit 12; reserve during business hours. UVO-Sect. co-leader Tom Kahl 207-692-7495.	MBRNHP Visitor Ctr. 802-457-3368 ext.222
July 14 Sun	Hike	Burnt Rock Mountain via the Hedgehog Brook Trail (West of Waitsfield, VT) and Long Trail. Open summit ledge; 5.2 miles (rt), 2010 ' elevation gain. Moderate-strenuous.	Inge Trebitz 802-785-2129
July 16 Tues	Hike	Bridal Veil Falls, Franconia, NH. Coppermine Trail, Coppermine Shelter. Gorgeous falls. 5 mi, 1200' elev. gain. Moderate, steady gain with a few short, steep sections.	Kathy Astraukas/Bob Hagen 802-785-4311
July 20 Sat	Hike	Mt. Cardigan (3155') from North. Orange Cove Tr, Mowglis Tr; detour to explore large Cilley's Cave, then summit with great views over last 0.5 mi. Down on West Trail to State Park parking. 5.5 mi, 1300' elevation gain. Moderate. Car spot.	Tom Kahl 207-692-7495
July 21 Sun	Hike	Climb Crosby Mtn (2222') and Bald Peak (2035'), Groton, NH. Loop in Cockermonth Forest. Views. ~4 mi, 1400' elevation gain. Moderate. Co-leader Dick Andrews.	Peter Hope 603-863-6456
July 23 Tues	Walk ***	Northern Rail Trail, Enfield, NH. Loop along Mascoma Lake (with possible swim). 3 – 4 miles. Easy. ***	Inge Brown 802-280-8017
July 27 Sat	A.T. Hike w/ Ranger	<i>Boots to Boats</i> : with Marsh-Billings-Rockefeller Nat. Hist. Park, local history. Cloudland Rd.to Joe Ranger Rd; Thistle Hill Shelter. 3.8 mi, 600' elev. gain. Field with view at end. Moderate. Limit 12; reserve during business hours. UVO-Sect. co-leader Dick Andrews 802-885-3201.	MBRNHP Visitor Ctr 802-457-3368 ext. 222
July 28 Sun	Hike	Hike from Rt.73 at Brandon Gap South on LT and then on Chittenden Brook Trail back to Rt.73. 6 mi, 750' elevation gain, 1500' down. Moderate.	Heinz/Inge Trebitz 802-785-2129
July 30 Tues	Hike	Mt. Kearsarge (2927'), Wilmot, NH. Loop fr Winslow St Pk, up steeper Winslow Tr, down Barlow Tr. Views fr open summit ledges! 2.7 mi, 1100' elevation gain. Steep & rocky trails. Mod-Stren.	Peter Hope 603-863-6456
July 30 Tues	Bike Ride	River Rd, Plainfield, NH. Loop. 12+ miles. Easy.	Inge Brown 802-280-8017
Aug 3 Sat	Long Trail Day- Hikes	Individuals & grps will hike LT segments to complete all 272 mi in 1 day, raising money for GMC to continue caring for VT mountains & trails. Then continue your adventure with other hikers at local VT watering holes. More info: <a href="https://www.greenmountainclub.org/longtrailday/">https://www.greenmountainclub.org/longtrailday/</a>	GMC HQ (see website at left)
Aug 4 Sun	Hike	Bucklin Trail to Killington Peak, VT. Great views from top! 7.5 miles. Strenuous. Cell phone for texts: 802-356-0428 susanstarchild58@gmail.com	Susan Ogden- work Mon-Thurs 7:30-4, 603-442-6770
Aug 6 Tues	Hike ***	Lebanon, NH, Old Pine Tree Cemetery Road area. Marvel at the numerous large glacial erratics along the way to Tipping Rock. 3+ miles. Easy, ***	Inge Brown 802-280-8017
Aug 10 Sat	A.T. Hike w/ Ranger	<i>Boots to Boats</i> w/ NPS; local hist. Joe Ranger Rd to VT-14/White River (W. Htfd, VT). 3.3 mi, 300' elev. gain, 1200' down, steep at end. Hilltop pastures/views, old red pine plantation, cellar holes. Mod. Limit 12; reserve @ business hrs. UVO-Sect. co-leader Bob Hagen 802-785-4311.	MBRNHP Visitor Ctr 802-457-3368 ext. 222
Aug 11 Sun	Hike	Mt. Hedgehog (2532'), Albany Intervale, NH. Loop on UNH Trail from Kancamagus Hwy. Great views from ledges. 4.8 mi, 1350' elevation gain. Moderate-Strenuous.	Peter Hope 603-863-6456
Aug 13 Tues	Hike	Stratton Mtn. (3936'), Stratton, VT. Fire tower, great views, nice trail. AT and LT conceived on summit. 6.6 mi., 1600' elevation gain. Moderate.	Dick Andrews 802-885-3201
Aug 17 Sat	A.T. Hike w/ Ranger	<i>Boots to Boats</i> w/ Marsh-Billings-Rockefeller Nat. Hist. Park. A.T. & landscape hist. Tigertown/ Podunk Rd south to Newton Lane. Happy Hill Shelter. 5 mi, 700' elev. gain, 1400' descent. Mod. Limit 12; reserve during business hours. UVO-Sect. co-leader Dick Andrews 802-885-3201.	MBRNHP Visitor Ctr 802-457-3368 ext. 222
Aug 17 Sat	Hike	Bromley Mtn (3260') Traverse from Mad Tom Notch, Peru, VT to VT-11 & 30. Views. 5.5 mi, 1100' elevation gain, 1460' descent. Moderate. Car spot.	Peter Hope 603-863-6456

**June 2019 Outings Schedule - continued from page - 4 - (insert)**

Aug 20 Tues	Bike & Swim ***	Burlington, VT Bike Path in both directions, plus lunch at Charlie's. Swim at end in Lake Champlain. About 12 miles. Easy. ***	Inge Brown 802-280-8017
Aug 24 Sat	Hikes, etc.	Marsh-Billings-Rockefeller National Historical Park Summer Celebration	MBRNHP Visitor Ctr 802-457-3368 ext. 222
Aug 25 Sun	Hike	Leader's choice 4,000-foot mountain of moderate difficulty in NH's White Mountains. <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>	Annie Janeway 413-374-0988
Aug 27 Tues	Paddle & Walk ***	Norwich, VT. Paddle 2 miles on Connecticut River, then walk 1 mile thru wooded and grassy area, lunch (BYO), swim, paddle back to Norwich.	Inge Brown 802-280-8017
Aug 31 Sat	A.T. Hike w/ Ranger	<i>Boots to Boats:</i> w/ Marsh-Billings-Rockefeller Nat. Hist. Park, explore A.T. & landscape history. Newton Lane to Elm St, Norwich. 2.1 mi, 200' elev. gain. Mostly gentle, w/ steeper down at end. Easy-Moderate. Limit 12; reserve @ business hrs. UVO-Sect co-ldr Peter Hope 603-863-6456.	MBRNHP Visitor Ctr 802-457-3368 ext. 222

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**HIKE FROM NORWICH TO THE SUMMIT OF MT. WASHINGTON AND BACK**

Sounds tough? This “pedestrian excursion” was one of the 1824 training exercises for cadets of Norwich University (then still located in Norwich, now in Northfield, VT). Captain Alden Partridge, founder and president of this “American Literary, Scientific, and Military Academy”, was fond of “hard reading and climbing mountains”. The 160-mile trip to Mt. Washington took six days. To Mt. Equinox and back, same distance, lasted five and a half days, including measuring the elevation of the mountain at the governor’s request. Few bridges and established trails, no freeze-dried food, poor equipment\*, no shelters – Captain Partridge believed that “...youth became accustomed to endure fatigue and privation”. The 46-mile hike from Norwich to the summit of Mt. Ascutney and back was accomplished in one long summer day, from dawn to dusk. And no picnic was waiting at the top!

***(By the Way: This year’s hike and picnic on Mt. Ascutney is scheduled for May 25)***

(Excerpts from Dave Callaway’s article in the 2019 spring edition of the *Norwich Times*)

*IngeTreibitz*



\*FOOTNOTES in regards to equipment:  
According to Wikipedia, from 1820 until before the American Civil War, soldiers were issued ankle-high boots made on straight lasts. There was no “left” or “right” boot. Instead, they shaped themselves to the wearer’s feet over time. As a result, these boots were very uncomfortable until broken in and often resulted in blisters.

Photo: *Inge Trebitz*

## OTTAUQUECHEE FOOTNOTES

Upper Valley Ottauquechee Section  
of the © Green Mountain Club  
<http://gmc-o-section.org>

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### ***AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB***

**Who are we?** Founded in 1910, the Green Mountain Club was established "to make the Vermont mountains play a larger part in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

**What is the Upper Valley Ottauquechee Section?** Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "O" Section is responsible for the maintenance of 46 miles of Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

**We invite you to join!** If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Upper Valley Ottauquechee Section welcomes you. Through the quarterly GMC Long Trail News and the "O"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Iris Berezin at 802-295-2294.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, att. Kristin McLane. Please enclose a check, payable to the Green Mountain Club.

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### ***APPLICATION FOR MEMBERSHIP***

I (we) wish to join the Upper Valley Ottauquechee Section of the Green Mountain Club.

A check for \$\_\_\_\_\_ is enclosed.

Name(s) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Telephone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

Dues per year are \$ 45.- for adults and \$ 60.- for families