



FOOTNOTES



VOLUME 41

SEPTEMBER - NOVEMBER 2019

NUMBER 3

UPPER VALLEY
OTTAQUECHEE SECTION
of the
GREEN MOUNTAIN CLUB

IF YOU WOULD LIKE TO RECEIVE THE FOOTNOTES IN AN E-VERSION RATHER THAN BY MAIL,
PLEASE LET HEINZ TREBITZ KNOW at hei.ztrebitz@gmail.com.

O-SECTION ANNUAL MEETING

The annual meeting of the O-Section will be held on Friday, **October 25, 2019** at **Damon Hall in Hartland, Vt.**

Directions: Take I 91 to exit #9. Go north On Rt. 5 to Hartland Five Corners. Damon Hall is the brick building right across from the intersection of Rts. 5 and 12.

Schedule: We will begin the evening with social hour at 5:30 pm. The pot-luck dinner at 6:30 will be shared with members of the Hartland Winter Trails Association.

POT-LUCK DINNER

Please bring dishes according to the alphabet, and provide your own plates, silverware and glasses.

- A – G Main course
- H – M Salad
- N – Z Appetizers or Dessert

ELECTIONS

After dinner, the meeting will start with the yearly reports of the chairpersons, followed by the election to our section positions.

PRESENT OFFICE HOLDERS:

President	<i>Dick Andrews</i>
Secretary	<i>Heinz Trebitz</i>
Treasurer/Membership	<i>Iris Berezin</i>
Outings	<i>Kathy Astrauckas</i>
Trails and Shelters	<i>Bob Hagen</i>
	<i>Nick Krembs</i>
	<i>Heinz Trebitz</i>
Newsletter	<i>Inge Trebitz</i>
GMC Section Director	<i>Tom Kahl</i>
Nominating Committee	<i>Annie Janeway</i>

If you are interested in a section position or would like to suggest someone else, please call Annie Janeway at 413-374-0988 or e-mail her at ajaneway@gmail.com.



It's been a wet spring!

Kathy Astrauckas, Bob Hagen. Tom Kahl and Nick Krembs after the May 25 work day near Thundering Falls, Killington

Photo: *Nick Krembs*

Signing up for an outing? What does the trip leader expect from you?

Take a look at the

UPPER VALLEY OTTAUQUECHEE TRIP LEADERS CHECKLIST

This list of trip leader responsibilities is designed as a guide. Leaders have the discretion to make modifications to fit the participants and activity. The items on the list apply mainly to hikes, but can be a useful guide for other types of outings.

Before the Outing

- Scout the route, trailhead, parking area, etc. in advance to familiarize yourself with current conditions.
- Get phone numbers from those who call. You'll need them if plans change.
- Screen participants for preparedness: fitness, skills, equipment. Focus on recent experience.
- Clarify extent of event. Stress importance of appropriate clothing, foot gear, food, water.
- Know and communicate the weather forecast and length of day.
- Consider bringing extra group supplies: water, food, clothing, first aid items.
- Identify meeting place. Offer directions.

At the meeting point

- Arrive early to welcome participants and introduce newcomers
- Adjust trip plans to fit weather and trail conditions
- Give trip briefing: travel to starting point (if not meeting at trail head), planned stops, lunch stop.
- Appoint lead and sweep to keep group together. Count participants.
- Allow time for all to get ready: toilet, gear. Do a verbal gear checklist.

On the Trail

- Wait at intersections, lunch spot. If leaving trail notify someone.
- Stick to published plan
- Watch for changing weather. Watch the time.
- Pay special attention to the inexperienced or those having difficulties.
- If someone must go back: do not let them go back alone.
- Know where everyone is.

Back at the Trailhead

- Make sure all are back safely. Count participants.
- Thank everyone for coming. Give newcomers club information.

After the Outing

- Submit outing report (general summary, photos) to Footnotes editor (*Inge Trebitz*). Submit information about trails and shelters conditions to Trails and Shelters chair (*Bob Hagen*)

Source: *Kathy Astrauckas via GMC Breadloaf Section*

"O" SECTION FALL ACTIVITIES, SEPTEMBER - NOVEMBER 2019

Hunting Season	VT: 10/5 – 11/1 Bow & Arrow Deer 11/9 - 10 Youth Deer Wkend 11/16 - 12/1 Deer Rifle Season	NH: 9/15 - 12/15 Deer Archery 10/26 - 27 Youth Deer Wkend 11/2 – 12 Deer Muzzleloader	11/13 - 12/8 Deer Reg. Firearms
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*** Easy on the knees BACK-COUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

Sep 1 Sun	Bike + Hike	8-mile bike ride around pretty Mascoma Lake. Some hills, but easy. Then a hike to a memorial trail, a loop just under 1 mi. with one short, steep section. Easy. duncanlove4024@yahoo.com	Duncan Love 802-226-7697
Sep 2 Mon	Hike	Labor Day at Cole Pond, Enfield, NH. Trail from Eastman to lovely backcountry pond. Old chimney, nearby rock caves. 4 mi, some ups & downs. Moderate.	Peter Hope 603-863-6456
Sep 3 Tues	Hike	Goodwin Park Exercise Trail, Lebanon, NH. 3+ mile loop. Easy to Moderate.	Inge Brown 802-280-8017
Sep 7 Sat	Walk/Hike ***	Birds of VT Museum & Trails, Huntington, VT. "Where Natural History Meets Art." Nature trails free; museum fee. Easy.*** No dogs. Call leader before 12 noon Friday. www.birdsofvermont.org	Lynne Miller 802-785-4410
Sep 8 Sun	Bike Ride	Tour de Taste Pedaling Picnic sponsored by Upper Valley Trails Alliance. Join GMC cyclists. Annie: Classic Loop (~16 mi); Inge: Lake Morey loop (~8 mi); other options available. Advance registration required: www.uvtrails.org (Co-leader Inge Brown: 802-280-8017)	Annie Janeway 413-374-0988 ajaneway@gmail.com
Sep 10 Tues	Quarry Visit (Walk ***)	Explore the wonders of Bethel White (granite) Quarry. See huge white slabs lining the road like a fence, mtns of all sizes of cut rocks in every direction as far as the eye can see, deep, bluish green lagoons in large pits down below, present day live working area; how they do it, where it goes. Special opportunity: not open to the public. 2+ mi. Easy. *** Bring lunch.	Inge Brown 802-280-8017
Sep 14 Sat	A.T. Hike w/ Ranger ***	Boots to Boats: w/ Marsh-Billings-Rockefeller National Historical Park, explore A.T. & landscape hist. Woodstock Stage Rd. to Pomfret Rd. 2.2 mi, 300' elevation gain. Easy. *** Limit 12; call NHP during business hours to reserve. O-Sec. co-leader Peter Hope: 603-863-6456.	MBRNHP Visitor Ctr 802-457-3368 ext. 222
Sep 14 Sat	Hike	Whiteface Mtn, VT, on the Long Trail in the Sterling range, Morrisville, VT area. Beaver Meadow/Chilcoat/Long/ Whiteface Trails. Views! 8.9 mi, 2500' elevation gain. Strenuous. Possibly swim afterwards. Cell phone for texts: 802-356-0428 susanstarchild58@gmail.com	Susan Ogden- work Mon-Thurs 7:30-4, 603-442-6770
Sep 15 Sun	Hike	Sugarloaves, Hebron, NH. Loop climb of Little (1002') & Big (1370') Sugarloaf via Elwell Trail. Great views over Newfound Lake, as well as attractive pond. 3.5 mi, 1000' elev. gain. Moderate.	Peter Hope 603-863-6456
Sep 17 Tues	Hike	Blueberry Mtn (2662'), Glencliff, NH. Out and back. 5.2 mi round trip, 1300' elevation gain. Fabulous views from ledges, maybe blueberries still in season. Moderate.	Iris Berezin 802-295-2294
Sep 17 Tues	Planning Meeting	Planning meeting for Winter (Dec-Feb) outings. 7 p.m. at the Trebitz home. Contact Kathy A. ahead with ideas if you can't come: 802-785-4311 kabh@myfairpoint.net	Heinz/Inge Trebitz 802-785-2129
Sep 19 Thurs	Bike Ride	Lamoille Valley Rail Trail. From Joe's Pond Beach in West Danville, VT, gently downhill to St. Johnsbury. 17.3 mi. Lunch with view. Easy. Hybrid bikes; car spot - please carpool if possible.	Heinz/Inge Trebitz 802-785-2129
Sep 21 Sat	Volunteer Apprec. Picnic	GMC volunteers (in any and all capacities), come celebrate GMCers' hard work & dedication. 1:30 – 4:00 p.m.; to RSVP for food planning: www.greenmountainclub.org	Visitor Center 802-244-7037
Sep 22 Sun	Hike	Rivendell Ramble Hike-or-Run-Athon to support Cross-Rivendell Tr. as you hike or run over Sunday Mtn, Orford, NH. Support local trail w/ UVO-Sect. team. Transport to trailhead provided; Food! 10:00 a.m.–2:00 p.m. Moderate. https://rivendelltrail.squarespace.com/upcoming-events	Marcia Dunning 802-333-4340
Sep 24 Tues	Hike ***	2 nd day of Fall in Pine Park, Hanover, NH. Let's check out the new trails after Dartmouth culled all the diseased trees earlier this year. 2 mile loop. Easy. ***	Inge Brown 802-280-8017
Sep 28 Sat	Hike	Traverse: Stowe Pinnacle to Mt. Hunger via Ridge (aka Hogback), Skyline, Waterbury Trails. Views!!! 8.1 mi, 2300' elev. gain. Short car spot. Strenuous. Cell phone for texts: 802-356-0428 susanstarchild58@gmail.com	Susan Ogden- work Mon-Thurs 7:30-4, 603-442-6770
Sep 29 Sun	Bike Ride	Northern Rail Trail from Grafton Center to Lebanon, NH. 19.7 mi, gently downhill. Lots of views from bridges. Moderate; gravel; hybrid bike needed. Car spot, please carpool.	Heinz/Inge Trebitz 802-785-2129
Oct 1 Tues	Bike & Hike ***	Groton State Forest, VT. Bike on rail trail (14 mi round trip out & back from Ricker campground to Owl's Head). Hike up Owl's Head for lunch (2 mi round trip). Easy ***	Inge Brown 802-280-8017
Oct 5 Sat	Hike	French's Ledges, Plainfield, NH. Start at Plainfield Elementary School. 2-3 hour meander through woods; short scramble to top of ledges & beautiful view. Moderate.	Iris Berezin 802-295-2294

Oct 6 Sun	Hike (with Sierra Club)	Two rare ecosystems (The Nature Conservancy Natural Areas), Manchester, NH: 1) Manch. Atlantic Cedar Swamp, 1.8 mi, easy. 2) Tiny remnant of Merrimack Pine Barrens, <0.5 mi, easy.	Peter Hope 603-863-6456
Oct 8 Tues	Hike ***	Hazen Trail from Wilder to outlook and back. About 3 miles. Easy. ***	Inge Brown 802-280-8017
Oct 12 Sat	Hike	Shrewsbury Peak. Loop up Shrewsbury Peak Trl, down Black Swamp Trl; CCC Rd to cars. Excellent fall foliage views to south & southeast. 5.4 mi, 1,384' elev. gain. Mod.	Tom Kahl 207-692-7495
Oct 13 Sun	Hike	Paradise Park, Windsor, VT. 3 – 4 miles. Easy, with a few hills.	Trina Perkins 802-738-9917
Oct 14 Mon	Hike	Indigenous Peoples' Day on Bromley Mtn (3260'), Peru, VT. Traverse from Mad Tom Notch to VT-11&30. Views. 5.5 mi, 1100' elev. gain, 1400' down. Moderate. Car spot.	Peter Hope 603-863-6456
Oct 15 Tues	Hike	Whitcomb Hill/Furnace Flats, South Strafford, VT. Gentle climb to the open summit of Whitcomb Hill with amazing views, then down towards Rt.132. Three miles, moderate.	Tom McCleary 802-295-7592
Oct 19 Sat	Hike	U.S. Army Corps of Engineers Union Village Dam Recreation Area, Thetford, VT. Loop on trails & old farm rds, lots of ups & dns, beautiful views of river. 4 – 5 mi. Moderate.	Heinz/Inge Trebitz 802-785-2129
Oct 20 Sun	Hike	The Pinnacle, Westminster/Brookline, VT. Part of Windmill Ridge Nature Reserve. Overlook & shelter. 3.5 – 4 mi, 250' elev. gain. Easy-Mod. ajaneway@gmail.com	Annie Janeway 413-374-0988
Oct 22 Tues	Walk ***	Northern Rail Trail, Enfield to Lebanon, NH. Mostly along shoreline of Mascoma Lake. Pretty views. 6 mi; flat. Easy.*** Car spot. Option for a shorter walk. duncanlove4024@yahoo.com	Duncan Love 802-226-7697
Oct 25 Fri	UVO Sect. Ann. Mtg	Annual Ottauquechee Section (members and guests) meeting & potluck dinner. Damon Hall, Hartland, VT. 5:30 social hour, 6:30 dinner. See details, front page.	Dick Andrews 802-885-3201
Oct 26 Sat	Cider Hike	2 - 3 mile hike in the vicinity of the Trebitz home, followed by cider pressing and tasting, and taking some home! Hike is moderate, cider pressing is work!	Heinz/Inge Trebitz 802-785-2129
Oct 27 Sun	Hike	Lovewell Mtn, Washington, NH. Traverse on open ledges; viewpoints. On Monadnock-Sunapee Greenway, south of Sunapee. 5.2 mi, 900' elev. gain. Moderate. Car spot.	Peter Hope 603-863-6456
Oct 29 Tues	Hike ***	Mill Road Trail, Enfield, NH. 2 miles. Easy. *** Car spot.	Inge Brown 802-280-8017
Nov 2 Sat	Hike	Elmore Mtn. Loop. Balancing Rock; tower with views! 4.4 mi, 1450' elevation gain. Moderate; one tricky spot, but do-able! Cell phone for texts: 802-356-0428 susanstarchild58@gmail.com	Susan Ogden- work Mon-Thurs 7:30-4, 603-442-6770
Nov 3 Sun	Hike	Daylight Saving Time ends. Pisgah State Park, Hinsdale, NH. Kilburn trailhead, Ridge loop, views. 8 mi, 767' elevation gain. Moderate. ajaneway@gmail.com	Annie Janeway 413-374-0988
Nov 5 Tues	Hike ***	Election Day on UVAC Trail. Start at far corner of Upper Vall. Aquatic Ctr pkg lot, head S. toward Hartland. 1 mi trail, meadows, woods. Ret. same way or on US-5. Two mi. rnd trip. Flat. Easy.***	Inge Brown 802-280-8017
Nov 9 Sat	Hike	Mt. Cube (2909'), Orford, NH. Local favorite up Cross-Rivendell Trl from Baker Rd; down A.T. (Kodak Trl) & Quinttown Rd to car spot. Views from N. & S. Peaks, Eastman Ledges. 5.2 mi, 2,000' elevation gain. Moderate.	Tom Kahl 207-692-7495
Nov 10 Sun	Hike	Mt. Tom (No Hunting area), Woodstock, VT. 2.5 - 3 hour walk on various carriage trails, nice views at the top, some historic sites. Moderate.	Iris Berezin 802-295-2294
Nov 12 Tues	Bike Ride	Route 100A from US-4 in Bridgewater Corners, VT to President Calvin Coolidge Historic Site, Plymouth, VT. Out and back, 14 miles round trip. Bring lunch. Easy.	Inge Brown 802-280-8017
Nov 16 Sat	Road Walk	Opening of deer hunting season on lovely, bucolic Dogford Road from cemetery in Etna to Hanover Center, NH. 4.7 mi, all paved, some hills. Moderate. Short car spot.	Kathy Astrauckas/Bob Hagen 802-785-4311
Nov 19 Tues	Hike ***	Tucker Hill Trail to A.T. to Happy Hill Shelter. Out and back, 3 miles round trip. Easy.***	Inge Brown 802-280-8017
Nov 23 Sat	Road Walk	Thetford, VT. Campbell Flats loop: Ompompanoosuc River and Union Village Dam. Approx. 6 mi, mostly dirt roads. Moderate with several steep sections.	Kathy Astrauckas/Bob Hagen 802-785-4311
Nov 26 Tues	Hike	Hurricane Forest, Hartford, VT. This is a wildlife refuge, no hunting. 3 mile loop. Moderate	Inge Brown 802-280-8017

Summer Activities



Boots to Boats

- above: on Kings Highway in Pomfret
- left: which state does the AT cross?



Trail Work



OTTAUQUECHEE FOOTNOTES

Upper Valley Ottauquechee Section
of the © Green Mountain Club
<http://gmc-o-section.org>

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AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB

Who are we? Founded in 1910, the Green Mountain Club was established "to make the Vermont mountains play a larger part in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

What is the Upper Valley Ottauquechee Section? Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "O" Section is responsible for the maintenance of 46 miles of Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

We invite you to join! If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Upper Valley Ottauquechee Section welcomes you. Through the quarterly GMC Long Trail News and the "O"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Iris Berezin at 802-295-2294.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, att. Kristin McLane. Please enclose a check, payable to the Green Mountain Club.

APPLICATION FOR MEMBERSHIP

I (we) wish to join the Upper Valley Ottauquechee Section of the Green Mountain Club.

A check for \$_____ is enclosed.

Name(s) _____ Date _____

Address _____ Telephone #: _____

E-mail: _____

Dues per year are \$ 45.- for adults and \$ 60.- for families