



# FOOTNOTES



VOLUME 43

SEPTEMBER - NOVEMBER 2021

UPPER VALLEY  
OTTAUQUECHEE SECTION  
of the  
GREEN MOUNTAIN CLUB

NUMBER 3

IF YOU WOULD LIKE TO RECEIVE THE FOOTNOTES IN AN E-VERSION RATHER THAN BY MAIL,  
PLEASE LET HEINZ TREBITZ KNOW at [heinztrebitz@gmail.com](mailto:heinztrebitz@gmail.com)

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### O-SECTION ANNUAL MEETING

The annual meeting of the O-Section will be held on Friday, October 29, 2021. Presently, and in light of the COVID-19 pandemic, **we are not sure where** and in which format (in person or via ZOOM). An announcement will follow later.

#### SCHEDULE:

We will begin the evening with social hour at 5:30 pm., hopefully followed at 6:30 by the usual

#### POT-LUCK DINNER

Please bring dishes according to the alphabet, and provide your own plates, silverware and glasses.

- A – G      Main course
- H – M      Salad
- N – Z      Appetizers or Dessert

After dinner, the meeting will start with the yearly reports of the chairpersons, followed by the **Elections** to our section positions.

#### PRESENT OFFICE HOLDERS:

President	Dick Andrews
Secretary	Heinz Trebitz
Treasurer/Membership	Iris Berezin
Outings	Kathy Astrauckas
Trails and Shelters	Bob Hagen
GMC Section Director	Tom Kahl
Nominating Committee	Annie Janeway

If you are interested in a section position or would like to suggest someone else, please call Annie Janeway at 413-374-0988 or e-mail her at [ajaneway@gmail.com](mailto:ajaneway@gmail.com).



### UVO Section Work Day



Photo: Heinz Trebitz

*Nick Krembs*, the UVO's coordinator for maintaining the Appalachian Trail from Stony Brook to Maine Junction in VT, is no stranger to team work. He puts his experience as carpenter and builder to use in many different places. In 2018 and 2019 he spent several weeks at the US/Mexican border in El Paso, Texas, to help with migrants. He is involved with a refugee working group in the Upper Valley and is also very active with the Norwich Trails Committee.

For the last days of July 2021 *Nick* organized and lead a team of UVO trail workers on one of the most remote segments of the AT stretch between Killington and Norwich: 13 volunteers spent 40 hours driving to and from their meeting places, and over 70 hours digging out water bars, clearing tree blow downs, and clipping annual brush to make the trail more user-friendly. But that was not enough: *Nancy* and *Jeff Comstock*, maintainers of the Stony Brook Shelter, brought their truck up to Stony Brook Road and turned it into a feeding station for unsuspecting thru-hikers. 38 hamburgers and all the fixings for a late breakfast/early lunch, fueled Nobos and Sobos for the next up-and-down miles of walking.



## CONGRATULATIONS to LAURELAE OEHLER



who finished hiking the AT in Georgia May 8, the last 500 miles this spring. Trying to comply with COVID restrictions, jumping around and changing direction, she managed to do it in roughly 4 sections over the course of three years. We asked Laurelae about places or happenings or people that stay in her mind especially, or about stretches of the trail she would love to do again. She called the hike an incredible adventure from start to finish, and several of the people she met have become life-long friends for her. Trying to condense the adventures down to a few seems impossible. And sections to do again? “I am spoiled by living right on the AT, I am out on the Trail year-round!” *Inge Trebitz*

### NO, I WON'T PUT THAT HIKE ON THE SCHEDULE AGAIN!

*Inge Trebitz'* Trip Report: June 6, 2021:  
Stone House Farm Ski Trails in Lyme, NH.

(According to our schedule: Not maintained for summer use – rough and wet).

Vermont was in an extended drought period when I checked out this trail at the end of May. I knew that most of the board walks in wet areas had deteriorated and collapsed. However, the plant cover was not too deep then, and people had obviously hiked right next to the broken stanchions with few problems.

But first week of June – different story! It had rained quite a bit the days before. We trudged through deep mud and slipped on rotten logs; grass and weeds had grown up on all trails to knee-high. And ticks! Ticks everywhere! We picked them off each other constantly, yet they found plenty of seams and zippers and socks to hide in. When I took off my hiking pants at home, I counted 30 ticks (thirty!) – Heinz can vouch for it. No, I won't schedule this as a hike again, but maybe as a snowshoe trip? **The view is still worth it!**



## "O" SECTION FALL ACTIVITIES, SEPTEMBER - NOVEMBER 2021

<b>Hunting Season</b>	<b>VT:</b> 10/1 – 15 Deer Archery 10/23 - 24 <b>Youth/Novice Deer Wkend</b> 10/28 – 31 Muzzleloader 11/13 - 28 <b>Deer Rifle Season</b>	<b>NH:</b>	9/15 - 12/15 Archery, Deer & Turkey 10/23 – 24 <b>Youth Deer Wkend</b> 10/30 – 11/9 Deer Muzzleloader 11/10 - 12/5 <b>Deer Reg. Firearms</b>
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**\*\*\* Easy on the knees**      BACK-COUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

<b>Various Dates</b>	<b>Bike Rides</b>	I would be happy to lead rides for those interested, with E-bikes as well as standard bikes, and tailor the rides to those of different abilities and bikes. <b>IF YOU WOULD LIKE TO GO FOR A RIDE, CONTACT DICK B. and tell him your preferences!</b>	Dick Broussard hobydick8760@gmail.com
Sept 3 Fri	Belated LT Day Hike	Skylight Pond Trail to Skylight Pond; Long Trail to Breadloaf Mtn, Ripton, VT. Nice view fr summit. 7.6 mi, 1,835' elev gain. This is a belated 2021 Long Trail Day hike. Although a Long Trail Day donation to GMC Legacy Campaign is not mandatory to participate, it would be much appreciated.	Tom Kahl 207-692-7495
Sept 4 Sat	Hike	Tucker Mtn Town Forest, West Newbury VT. 3 new trails on land recently acquired by Town of Newbury. Ascend through woods to Tucker Mtn summit with 270-degree views (500-ft elevation gain), swing past 3 ponds, loop to summit of nearby Woodchuck Mtn (260-ft elevation gain), and return on old road. 4.5 mi, total 800' elev. gain, 3 - 4 hours. Option to skip pond & Woodchuck loops. Moderate. (Sneak preview: <a href="https://tuckertownforest.org/">https://tuckertownforest.org/</a> )	Linda Taylor 802-429-2966 <a href="mailto:LindaScottTaylor@gmail.com">LindaScottTaylor@gmail.com</a>
Sept 7 Tues	Walk ***	Sykes Ave / River Rd, White River Jct, VT. Out-and-back. 2 miles, paved. Leisurely pace. Easy. ***	Inge Brown 802-280-8017
Sept 8 Wed	Hike	Fairlee Palisades to Morey Mtn., Fairlee, VT. Beautiful views of CT River across to NH. Starting at Upper Valley Ambulance, up Palisades Trail (paralleling I-91, & very steep); follow ridge to viewpoint overlooking Connecticut River & into NH; down Morey Mtn. Trail. Return on paved Lake Morey Road, a favorite walking route. 4 - 5 mi. Moderate.	Inge/Heinz Trebitz 802-785-2129
Sept 11 Sat	Hike	Sunday Mtn traverse, Orford, NH. Cross-Rivendell Trail from Dame Hill Rd. to Norris Rd. 3.6 mi, 800' elev. gain. 2 viewpoints. Car spot. Moderate.	Inge/Heinz Trebitz 802-785-2129
Sept 12 Sun	Bike Ride	Tour de Taste Pedaling Picnic sponsored by Upper Valley Trails Alliance. Join GMC group of cyclists. Annie will do 21 mi. ride; other options poss. Pre- registration required: <a href="https://www.uvtrails.org/programs-events/our-events/tour-de-taste/">https://www.uvtrails.org/programs-events/our-events/tour-de-taste/</a>	Annie Janeway 413-374-0988 <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>
Sept 13 Mon	Hike	Peru Peak Shelter & Griffith Lake Tent site, Peru, VT. Via Old Job Trail (fairly smooth woods rd) along beautiful Lake Brook (trail wet in a few spots). 8.2 mi, 650' elev. gain. Moderate.	Dick Andrews 802-885-3201
Sept 14 Tues	Hike ***	Hartford Town Forest Trails loop. Hartford, VT. 2 – 3 miles, small ups and downs. Leisurely pace. Easy. ***	Inge Brown 802-280-8017
Sept 20 Mon	Hike	Blueberry Mtn (2662'), Glencliff, NH. Out and back. 5.2 mi round trip, 1300' elev. gain. Fabulous views from ledges. Moderate.	Iris Berezin 802-295-2294
Sept 21 Tues	Hike ***	Woods and meadow trails, Wilder, VT. Out-and-back. 2 miles, a few ups and downs. Leisurely pace. Easy. ***	Inge Brown 802-280-8017
Sept 21 Tues	<b>Planning Meeting</b>	Planning mtg for Winter (Dec – Feb) outings. 7:00 p.m. at Inge Brown's home. Call Kathy Astraukas (802-785-4311) ahead w/ ideas if you can't join us.	Inge Brown 802-280-8017
Sept 24 Fri	Hike	Mt. Cardigan (3155') from north. Orange Cove Tr, Mowglis Tr; detour to explore large Cilley's Cave, then summit w/ great views over last 0.5 mi. Down on West Trail to State Park parking. 5.5 mi, 1300' elev. gain. Moderate. Car spot.	Tom Kahl 207-692-7495
Sept 27 Mon	Hike	Pemigewasset Trail, Franconia Notch State Park, NH. From The Basin, a unique water feature, to the Old Man of The Mountain site. Along river. Pretty woods, river views. Parallels I-93 thru Notch. Foliage colors. Very early start, to avoid crowds. 4 mi, 154' elev. gain. Easy. Car spot. Lots to do in area, you can do more if you want. <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> (Email preferred)	Duncan Love <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> 802-226-7697
Sept 28 Tues	Hike	Drive to upper parking lot at Ascutney State Park (Fee charged), Ascutney, VT. Loop around top. 2+ miles. Leisurely pace. Moderate.	Inge Brown 802-280-8017
Oct 1 Fri	Cider Hike	2 - 3 mile hike in the vicinity of the Trebitz home, followed by cider pressing and tasting, and taking some home! (Bring containers.) Hike is moderate, cider pressing is work!	Inge/Heinz Trebitz 802-785-2129
Oct 2 Sat	Bike Ride	Randolph/Northfield, VT Loop. Start from Randolph. Very nice & pleasant through small towns. No real hills. From the southern end of Northfield we return, w/ a somewhat long but not steep hill. Then short steep descent; Flat to the finish. ~ 35 mi. Moderate - Strenuous. <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> (Email contact preferred)	Duncan Love 802-226-7697



Oct 3 Sun	Hike	Kettle Pond, Groton State Forest	Annie Janeway 413-374-0988 <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>
Oct 5 Tues	Hike	Loop in Hanover, NH area. Trail, field, paved road, gravel road. ~ 2 miles. Easy. Fully vaccinated participants only. No dogs.	Lynne Miller 603-643-6194
Oct 8 Fri	Hike	Baker Peak & Griffith Lake, Danby, VT. Lake Tr (old bridal path), Baker Peak Tr, Long Tr south to Griffith Lake; descend via Lake Tr. Great views of Dorset Peak & Mt Equinox. 8.3 mi, 2325' elev. gain. Strenuous. Pkg limited, carpool required. LIMITED TO 8. Email early for a spot! (Prefer email contact: <a href="mailto:billcorson59@gmail.com">billcorson59@gmail.com</a> )	Bill Corson <a href="mailto:billcorson59@gmail.com">billcorson59@gmail.com</a> 908-903-0702
Oct 9 Sat	Hike	Butterfield Pond, Wilnot NH. (1320') Lollipop loop to pond, around pond; return. Short side trail to old mill site. 2.0 mi., 400' elev. gain. Short but some rough footing. Easy to moderate.	Dick Andrews 802-885-3201
Oct 10 Sun	Hike	Wright's Mtn (1882'). Network of trails, many named for the people involved in developing the area. Cabin/lookout at summit w/ views of VT; return w/ view of NH. Side trip to Devil's Den possible if group wants. 5.7 mi, 1480' elev. gain. Moderate.	Iris Berezin 802-295-2294
Oct 11 Mon	Hike ***	Indigenous People's Day in King Ridge Conservation Area, North Sutton, NH. Attractive loop partly following lovely brook. Well-marked woods roads and trails. 2 – 3 mi, fairly level. Easy. *** Leisurely pace.	Peter Hope 603-863-6456
Oct 12 Tues	Hike	Gile Mtn, Norwich, VT. Perfect Fall leaf peeping; outstanding views from observation tower. Good footing with lots of level stone steps, long up & down. 1.6 mi. round trip, 393' elev. gain. Moderate. Leisurely pace.	Inge Brown 802-280-8017
Oct 13 Wed	Bike Ride	Cross VT Trail, Owl's Head, Groton, VT. Drive up to and meet at Owls Head Mtn., off Rt.232; short hike to top optional; bike down access road to Groton State Forest Trail (part of Cross VT. Trail); follow it through woods and fields to car spot on Rt.302. Hybrid bikes needed, mountain bikes even better. 10 - 12 miles, depending on end point.	Inge/Heinz Trebitz 802-785-2129
Oct 16 Sat	Hike	Pico Peak (3957'). "Loop" up Sherburne Pass Tr, down Long/Appalachian Tr. Views, lovely forest, Churchill Scott Shelter. 7.7 mi, 2000' elev. gain. Strenuous. Very short car spot. After-hike meal/beverage at Inn at Long Trail for those interested.	Tom Kahl 207-692-7495
Oct 17 Sun	Hike	French's Ledges, Plainfield, NH. Start at Plainfield Elem Schl. 2-3 hour meander through woods; short scramble to top of ledges & beautiful view. Moderate.	Iris Berezin 802-295-2294
Oct 19 Tues	Walk	Turnpike Road to Hawk Pine loop, Norwich, VT. 3 – 4 miles, paved & dirt roads. Lengthy uphill, leisurely pace. Moderate, due to length.	Inge Brown 802-280-8017
Oct 22 Fri	Hike	Boston Lot. Lovely and local. 2 - 3 hours. Pond, view at top. Moderate (some easy; a couple of steep sections).	Iris Berezin 802-295-2294
Oct 23 Sat	Hike	Crown Point Road and Skitchewaug Mtn. (1720'), Springfield VT. Explore unfrequented forest area via Crown Point Road, old woods rds, & other obscure routes. Revolutionary War cemetery, Connecticut River view. 3-4 hours, few hundred ft elev. gain. Moderate.	Dick Andrews 802-885-3201
Oct 24 Sun	Hike	Sunapee, NH area. <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> (Email contact preferred)	Duncan Love 802-226-7697
Oct 26 Tues	Walk ***	Stowe Rec Path, Stowe, VT. Out-and-back, along brook. Great trip for leaf peeping! 2 – 3 miles, paved. Leisurely pace. Easy. ***	Inge Brown 802-280-8017
Oct 28 Thurs	Hike	Loop at Lyme Pinnacle Conservation Area, Lyme, NH. Conserved by Upper Valley Land Trust. Great view from top. 4 - 5 mi. Moderate. Fully vaccinated participants only. No dogs.	Lynne Miller 603-643-6194
Oct 29 Fri	<b>UVO Sect. Ann. Mtg</b>	Annual Upper Valley - Ottauquechee Section (members and guests) meeting & potluck dinner. LOCATION TO BE ANNOUNCED LATER. 5:30 social hour, 6:30 dinner. See details, front page.	Dick Andrews 802-885-3201
Oct 30 Sat	Hike	Chester VT Town Forest. Figure 8 loop on Lost Mine Trail & Butternut Hill Trail. Nice woods walk on foot trails; remains of an old mine; couple of views. ~ 5 mi, 1200' elev. gain. Moderate.	Dick Andrews 802-885-3201
Oct 31 Sun	Hike	Halloween on Smarts Mtn. (3240'), Orford, NH. Out & back on Lambert Ridge Tr. (A.T.) Nice views from ledges & obs. tower. 7.2 mi, 2800' elev. gain. Moderate - Strenuous.	Kathy Astraukas/ Bob Hagen 802-785-4311
Nov 2 Tues	Walk ***	On Election Day, elect this walk: Upper Turnpike/Needham Rd loop. Some paved, mostly dirt. 2 – 3 miles. Leisurely pace. Easy. ***	Inge Brown 802-280-8017
Nov 3 Wed	Bike Ride	Lamoille Valley Rail Trail. Meet & start at Joe's Pond, West Danville, VT, off Rt.2; end in St. Johnsbury off Rt.5 near I-91 Exit 20. 17 beautiful miles, not paved but smooth. Hybrid bikes recommended. Car spot will be arranged. Easy.	Inge/Heinz Trebitz 802-785-2129

**"O" SECTION FALL ACTIVITIES - continued from insert page - 4 -**

Nov 5 Fri	Hike	Mt. Tom, Woodstock, VT. Walk to very picturesque Lake ("The Pogue") on easy terrain via Cemetery Rd, Upper Meadow Rd, & Mountain Rd. Side jaunt to S. Summit of Mt Tom w/ view of Woodstock Village, then back down a side trail to Billings Garden (seasonal). 3.5 mi, 550' elev. gain. Easy. (Prefer email contact: <a href="mailto:billcorson59@gmail.com">billcorson59@gmail.com</a> )	Bill Corson <a href="mailto:billcorson59@gmail.com">billcorson59@gmail.com</a> 908-903-0702
Nov 6 Sat	Hike	Last Day of DST on Moose Mtn South Ridge Trail (NOT the summit). Views!!! possibly including Mt. Washington; great view over Mascoma Lake at turn-around point. 7.0 mi, 1400' elev. gain, but all short, mild ups and downs, mostly gentle ridgeline. Moderate.	Kathy Astrauckas/Bob Hagen 802-785-4311
Nov 7 Sun	Hike	Section 5 loop in Quechee, VT. Different tree types, a stream, foundation, stone walls, ledges. Interpretive signs: info on geology, area's early inhabitants, remnants of settlements. 2 - 3 hours. Moderate.	Iris Berezin 802-295-2294
Nov 8 Mon	Hike	Mt. Ascutney (3150'), Weathersfield VT, via Weathersfield Trail. Cascades on the way, observation tower on the summit. 5.8 mi., 2360' elev. gain. Moderate to Strenuous.	Dick Andrews 802-885-3201
Nov 9 Tues	Hike ***	Quechee Gorge to Dewey Pond, Quechee, VT. From Rte 4 to pond, out-and-back. Woods and meadows, gentle grades. Leisurely pace. 2 miles. Easy. *** Option to descend on accessible path to bottom of gorge; adds 1 more mi.	Inge Brown 802-280-8017
Nov 11 Thurs	Hike	Veterans Day Loop in Hanover, NH area. Field, trails, woods road. ~ 4 miles. Moderate, Easy. Fully vaccinated participants only. No dogs.	Lynne Miller 603-643-6194
Nov 13 Sat	Hike	The Lookout on the Long Trail,	Annie Janeway 413-374-0988 <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>
Nov 14 Sun	Hike	Mimi's Trail, Thetford, VT. Designed by Thetford's John Morton, former Olympic biathlete. Nice views from summit. ~ 5 mi. Moderate. (Wear blaze orange if possible.)	Kathy Astrauckas/ Bob Hagen 802-785-4311
Nov 15 Mon	Hike	Ballard Trail, Norwich, VT. About 4 miles one way (car spot). Passes by the "Grand Canyon of Norwich". Short ups and downs. Easy.	Iris Berezin 802-295-2294
Nov 16 Tues	Hike	Hazen Trail, Wilder, VT. From US-5, out-and-back. 2 - 3 mi; small ups and downs. Leisurely pace. Moderate.	Inge Brown 802-280-8017
Nov 19 Fri	Hike	Mt. Tom, Woodstock, VT. From Prosper Rd. Trailhead. West Ridge Tr, Maple Tr, Acer Loop, Red Pine Loop, The Pogue, North Ridge Loop. Some really nice views. ~ 4 miles. Moderate. (No Hunting Area except possibly a small bit on private land)	Iris Berezin 802-295-2294
Nov 20 Sat	Road Walk	Lovely, bucolic Dogford Road from cemetery in Etna to Hanover Center, NH. 4.7 mi, all paved, some hills. Moderate. Short car spot.	Kathy Astrauckas/Bob Hagen 802-785-4311
Nov 23 Tues	Hike	Pine Park Trail, Hanover, NH. Loop, some ups and downs. 2+ miles. Leisurely pace. Easy.	Inge Brown 802-280-8017
Nov 27 Sat	Hike	Heron rookery, Springfield VT. Old beaver pond w/ 9 heron nests on 2 dead pine trees. Nice woods walk mostly on former logging roads. 3.6 mi., 720' elev. gain. Moderate.	Dick Andrews 802-885-3201
Nov 28 Sun	Road Walk	Thetford, VT. Campbell Flats loop: Ompompanoosuc River and Union Village Dam. 6+ mi, mostly dirt roads. Moderate with several steep hills.	Kathy Astrauckas/ Bob Hagen 802-785-4311
Nov 30 Tues	Walk ***	Northern Rail Trail Extension, Lebanon, NH. Out-and-back, paved, flat. 2 or 3 mi. Leisurely pace. Easy. ***	Inge Brown 802-280-8017

Tick, Tick, Tick  
Everybody looking  
Finding places  
Where the tick is hiding

Photo: Anne Janeway



**OTTAUQUECHEE FOOTNOTES**

Upper Valley Ottauquechee Section  
of the © Green Mountain Club  
<http://gmc-o-section.org>

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***AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB***

**Who are we?** Founded in 1910, the Green Mountain Club was established "to make the Vermont mountains play a larger part in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

**What is the Upper Valley Ottauquechee Section?** Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "O" Section is responsible for the maintenance of 46 miles of Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

**We invite you to join!** If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Upper Valley Ottauquechee Section welcomes you. Through the quarterly GMC Long Trail News and the "O"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Iris Berezin at 802-295-2294.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, att. Rick Dugan/Membership. Please enclose a check, payable to the Green Mountain Club.

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***APPLICATION FOR MEMBERSHIP***

I (we)wish to join the Upper Valley Ottauquechee Section of the Green Mountain Club.

A check for \$\_\_\_\_\_ is enclosed.

Name(s)\_\_\_\_\_Date\_\_\_\_\_

Address\_\_\_\_\_ Telephone #:

\_\_\_\_\_ E-mail: \_\_\_\_\_

Dues per year are \$ 45.- for adults and \$ 60.- for families