



FOOTNOTES



VOLUME 44

March 2022 – May 2022

UPPER VALLEY
OTTAQUECHEE SECTION
of the
GREEN MOUNTAIN CLUB

NUMBER 1



Photo: Heinz Trebitz

JANE CURTIS, one of the 23 founding members of the Ottaquechee Section, died on Feb. 7, at the age of 103. Jane and her husband Will were among the almost 20 hikers on the first two trips of the O-Section, covering the entire 18 miles of AT for which the section would be responsible, from LT junction to Rt. 12.

Jane was the O's first section delegate to the GMC and section president from 1988 to 1991. This was a time when most of our portion of the AT was relocated to remove it from old roads and turn it into an actual trail. The O's members responded to a letter from Jane and quickly raised the needed \$1000 for the Long Trail Protection Fund.

Jane and Will led many hiking and XC ski trips, (often close to their Hartland home, now Cobb Hill CoHousing), in addition to canoe outings, sometimes overnight trips, including a hiking vacation in England. Also a painter, Jane sometimes brought her watercolors on trips, and would produce beautiful paintings of the surroundings. Jane and Will also gave entertaining talks with photos from their adventures.

Jane led a long and active life. She served on the GMC board, and was involved in many other organizations. She and Will ran The Yankee Bookshop in Woodstock, and traveled all over the world, often to remote locations. They authored six books including "Green Mountain Adventure, Vermont's Long Trail", for the GMC's 75th anniversary, and "The Nature of Things", a collection of Will's well-known short radio programs. Jane was a truly amazing woman, and the club was fortunate to benefit from her involvement.

Debbie Hatch

This Photo was shown in the June 2011 FOOTNOTES when *Will Curtis* had passed away (4/18/2011).

Jane Curtis can be seen walking in the back. *Harry Temple*, who died in 2020, is pushing his grandson Jordan in a stroller.

Right: Think Spring and Summer!

An August walk on the grounds of the Montshire Museum in Norwich.

Inge Brown and her loyal group of Tuesday walkers.





Story: *Inge Trebitz*
 Photo: *Heinz Trebitz*

MUD SEASON SOCIAL

POT LUCK and PICTURES

When: Friday, April 22 6:30 p.m.

Where: Zoom Meeting in front of your screen

Join us for an evening of slides and stories, including your own. No masks required ☺; take off your microspikes; watch from the comfort of your home. Sorry - potluck & drinks limited to what you have on hand! Tom Kahl will set up Zoom ; Heinz will send link the week of 4/10. If you have photos to show, send them to Heinz via e-mail heinztrebitz@gmail.com .

Trail Checking Conundrum

Feb.1, Podunk Pond, S. Strafford.

Bluebird sky, plenty of fluffy snow, good company – what else would we need for a great back-country ski trip? The leaders had checked the first mile of the trail and the last one, both in fine shape. The stretch in-between? It was in good condition last summer.

Well, things changed as soon as we passed the wire fence and sign for Podunk Wildlife Management. Lots of fallen trees made for intricate ski maneuvers over, under, through and around. Taking skis off made you sink in and cause trouble putting them on again.

But it was a fun trip anyway, and if the leaders had checked that section beforehand they might have canceled the tour!



Photo: *Annie Janeway*

"O" SECTION SPRING ACTIVITIES, MARCH - MAY 2022

Don't forget, if conditions don't seem good for scheduled outing, call leader for "Plan B": change in venue, mode of travel, or both!

*** = Easy on the knees

BACKCOUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

| | | | |
|-----------------|---------------------------|---|---|
| Mar 1 Tues | Hike *** | Town Meeting Day in Hartford, VT Town Forest, small ups and downs. 2 miles, slow pace. Easy, Easy on the knees. *** | Inge Brown 802-280-8017 |
| Mar 4 Fri | Snowshoe or Spike | A.T., Lyme, NH. From Dartmouth Skiway to Trapper John Shelter, Holt's Ledge and back. Views to NE. Some steep sections. 3.4 mi, 1100' elevation gain. Moderate. | Angie Emerson 802-299-5866 |
| Mar 5 Sat | Snowshoe or Spike *** | Colette Trail, Enfield, NH. Lovely ice formations if still cold; beautiful rushing stream. Out-and-back, 4.2 mi. round trip. Easy. | Tom Kahl 207-692-7495 |
| Mar 6 Sun | Microspike | Paradise Park, Windsor, VT. Field, gazebo, Lake Runnemedede, ridge trail, brooks, loop around Juniper Hill solar field with great views of Mt. Ascutney. Some short steep sections. ~ 4.5 mi. Easy – Moderate. | Patrick O'Neill 802-291-3208 kpmhoneill@gmail.com |
| Mar 8 Tues | Road Walk *** | Road walk in South Woodstock, VT including 4,000-year old Celtic Stone Chamber. 2 miles, mostly dirt road, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| Mar 9 Wed | X-C Ski | Groomed trails of Marsh-Billings-Rockefeller Nat. Hist. Pk, Woodstock, VT. Fr. Prosper Rd, skirt The Pogue, up to viewpoint above town; turn back for extended loop. 4-5 mi. Moderate. Trail fee. | Inge/Heinz Trebitz 802-785-2129 |
| Mar 11 Fri | Snowshoe or Spike | Velvet Rocks, Hanover, NH. Greensboro Ridge Nat. Area, A.T., Velvet Rocks Shelter. Lovely moss-covered ("velvet") rock formations. Good bobcat terrain. 4+ mi, ~ 900' elev. gain (many steep and often icy uphill & downhill). Moderate (or challenging, depending on conditions). | Angie Emerson 802-299-5866 |
| Mar 12 Sat | Snowshoe or Spike | Loop around Kettle Pond, Groton VT State Forest. Wonderful views of surrounding mountains. 3.2 mi, 40' elev. gain. Moderate with uneven footing & plenty of rocks (especially if little snow). | Tom McCleary 802-295-7592 |
| Mar 13 Sun | Snowshoe, Microspike hike | Daylight Saving Time at UVLT's Smith Pond Shaker Forest trails, Enfield, NH. Loop fr. NH-4A: Big Dog Falls, Little Dog Falls, Smith Pond. Animal track ID; search for signs of spring. 5.5 mi, 1000' elev. gain. Poss. opt. to remote Half-Mile Pond adds ~2 mi. & 200' elev. gain. Moderate. | debbie.marcus57@gmail.com 978-578-4198 |
| Mar 14 Mon | Snowshoe or Hike | A.T. north from NH-25C. Over Mt. Mist (2220'), lunch & turn around at lovely view overlooking Wachipauka Pond. 5.2 miles, 1100' elevation gain. Moderate. | Kathy Astrauckas/ Bob Hagen 802-785-4311 |
| Mar 15 Tues | Hike *** | Ides of March in Hartford, VT Town Forest. On different trails than previous hike (many possibilities!). 2 miles, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| Mar 15 Tues | Planning Meeting | Planning meeting for Summer (June – Aug.) outings. Via Zoom. Call or email Kathy Astrauckas ahead with ideas if you can't join us. kabh@myfairpoint.net | Kathy Astrauckas 802-785-4311 |
| Mar 16 Wed | Snowshoe | Section of Cross-Rivendell Trail, Vershire, VT. From Taylor Valley Road to Flagpole Hill (terminus of CRT) & back. Gentle ups & downs; lunch under the wooden flag. 2.4 mi. round trip. Moderate. | Inge/Heinz Trebitz 802-785-2129 |
| Mar 17 Thurs | Snowshoe/ Microspike | Cheshire Rail Trail, Walpole NH. Nice woods & farm fields along CT River south, from North Walpole to Westmoreland. Celebrate St. Patrick's Day at PK's Irish Pub after, Bellows Falls, VT. ~ 4 mi, 300' elev. gain, but mostly flat. Easy. (Also snowmobile trail, but shouldn't be busy on weekday a.m.) CAR SPOT: Participants must ride with others (4 mi). Fully vaccinated participants only. duncanlove4024@yahoo.com (Email contact preferred) | Duncan Love 802-226-7697 |
| Mar 18 Fri | Snowshoe | Farnum Hill, Lebanon, NH. "Figure 8" on Turkey Trot, Aspinwall Ridge, & Ron Bailey Loop trails. 4 - 5 mi, several hundred feet elev. gain; starts uphill! Moderate, depending on snow conditions & personal fitness, could be difficult. | Angie Emerson 802-299-5866 |
| Mar 20 Sun | Snowshoe or Hike | First Day of Spring! A.T. to Wachipauka Pond, Warren NH (from NH 25) & Webster Slide Mtn, Beautiful pondside and lovely view from above. 6.0 mi., 1650' elevation gain. Moderate, but steep/challenging up Webster Slide. | Kathy Astrauckas/ Bob Hagen 802-785-4311 |
| Mar 22 Tues | Hike *** | A.T. at Thundering Falls in Killington, VT. Boardwalk & trails. 2+miles, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| Mar 25 Fri | Hike | Trails in U.S. Army Corps of Engineers Union Village Dam Rec. Area, Thetford, VT. Lots of mostly short ups & downs, a few slightly steep; may be muddy. Route/distance depend on conditions, hopefully 6 - 7 mi. Moderate. | Kathy Astrauckas/ Bob Hagen 802-785-4311 |
| Mar 26 Sat | Dirt Road Walk | Quechee, VT loop. Hillside Rd, covered bridge, Ottauquechee River, Sugarbush Farm (see & taste late season sugaring). 6 or 7 mi. depending on group pref. Moderate. | Tom Kahl 207-692-7495 |
| Mar 27 Sun | Snowshoe/ Microspike | Sugar River Rail Trail, Newport, NH. Newport to 2 nd covered bridge. Scenic river views & 2 RR covered bridges, of which only 8 survive in the U.S. Snowmobiles/ATVs permitted but I've rarely seen any. 4.2 mi, flat. Easy. *** CAR SPOT: Participants must ride with others (~ 5 mi). Fully vaccinated participants only. duncanlove4024@yahoo.com (Email contact preferred) | Duncan Love 802-226-7697 |

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|-----------------|-------------------|--|---|
| Mar 28 Mon | Road Walk | Paved road around Lake Morey, Fairlee, VT. Scenic & quiet. 6 mi. Easy. | Kathy Astraukas/ Bob Hagen 802-785-4311 |
| Mar 29 Tues | Hike | Lyme/Orford, NH. Land conserved by Upper Valley Land Trust. Woods trail, brook, winter view. ~ 2 – 3 miles. Easy – Moderate. | Lynne Miller 603-643-6194 |
| Apr 2 Sat | Dirt Road Walk | Lollipop loop starting at Lincoln covered bridge in Woodstock, VT. Fletcher Hill and Peter Kiln Roads. Views and beautiful pastures. 6 mi. Moderate, some steep hills. | Annie Janeway ajaneway@gmail.com 413-374-0988 |
| Apr 3 Sun | Walk/Spike | Mount Ascutney (3150'), Windsor, VT on gated, paved road. Views. 7.4 mi, 2250' elevation gain. Picnic pavilion ½ way up for breaks. Moderate to strenuous. Optional Hang Glide Trail to hang glide platform by West Peak if trail is open (may be closed for mud season) adds ~ 2 mi. round trip. | Patrick O'Neill 802-291-3208 kpmhoneill@gmail.com |
| Apr 5 Tues | Hike *** | Ottawquechee River Trail, (east) Woodstock, VT. About 2 miles, flat; slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| Apr 9 Sat | Work Day | Give back to the trail on our section of A.T., somewhere between. Cloudland Rd. and Connecticut River. Clear water bars & blowdowns. Tools provided, or bring your own favorites. Bring work gloves, lunch, water. | Bob Hagen 802-785-4311 |
| Apr 11 Mon | Road Walk | Scenic walk, Etna, NH. From Trumbull Hall, up Ruddsboro Rd. to King Rd. to Etna Rd. back to cars. Start w/ long uphill by beautiful brook, end w/ long downhill w/ great views. ~ 6 mi. Mod. | Iris Berezin 802-295-2294 |
| Apr 12 Tues | Walk *** | Upper Turnpike Road Loop, Norwich, VT. About 2 miles, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| April 13 Wed | Hike | Ely Mountain Conservation Area, Fairlee, VT. Woods trail, gentle hills. Keep a sharp eye for unusual natural things. Double lollipop loop. 3 – 4 mi. Easy to Moderate. | Inge/Heinz Trebitz 802-785-2129 |
| Apr 18 Mon | Walk | Scenic walk on roads that border Saint-Gaudens National Historical Site, Cornish, NH (St. Gaudens Rd., Lang Rd., Platt Rd., NH-12A) ending with Blow-Me-Down Trail through the park to our cars. ~ 6 mi. Moderate. | Iris Berezin 802-295-2294 |
| Apr 19 Tues | Walk *** | Hawk Pine Hill, Norwich, VT. 2-mile loop on dirt roads, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| Apr 22 Fri | Hike | Sawyer Mountain, Fairlee, VT. Nice view over Connecticut River valley. 3.2 mi., 500' elevation gain. Moderate (some rough footing on a steep section). | Kathy Astraukas/ Bob Hagen 802-785-4311 |
| Apr 22 Fri | Mud Season Social | Earth Day mud season social. Virtual gathering via Zoom. Join us for an evening of slides and stories, including your own. No masks required ☺; watch from the comfort of your home. Sorry - potluck & drinks limited to what you have on hand! Tom Kahl will set up Zoom ; Heinz will send link the week of 4/10. (Make sure Heinz has your email address!) heinztrebitz@gmail.com | Inge/Heinz Trebitz 802-785-2129 |
| Apr 23 Sat | Hike/Spike | A.T. in West Hartford, VT. From Joe Ranger Road southbound to Thistle Hill Shelter and return. Check out the lovely water source if conditions permit. 3.2 mi, 700' elevation gain (steady up the last 1/2 mile, otherwise pretty easy). Moderate. | Angie Emerson 802-299-5866 |
| Apr 24 Sun | Hike | Moosalamoo National Recreation Area, Brandon, VT. Different route this year: Minnie Baker Tr., Leicester Hollow Tr, Rocky Point Tr. Early spring plants (ramps last year!), unique green mossy ledges, pretty stream through the hollow; Silver Lake shoreline, nice view of Lake Dunmore, Falls of Lana! 7.1 mi, ~1200' elevation gain. Moderate. CAR SPOT: Participants must ride with others (4 mi). Fully vaccinated participants only. duncanlove4024@yahoo.com (Prefer email) | Duncan Love 802-226-7697 |
| Apr 25 Mon | Hike | Trescott Lands, Hanover, NH (Hanover Conservancy) from Dogford Road. Porcupine Trail, Paige Hill, NW Passage, Ascutney View Trail, Child's Farm Trail. Viewpoints and historic sites. ~ 4 mi, ~ 600' elevation gain. Moderate. | Kathy Astraukas/ Bob Hagen 802-785-4311 |
| Apr 26 Tues | Walk *** | Dirt roads in the Hawk Pine Hill area, Norwich, VT. A different 2-mile walk than on 4/19. Slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| Apr 30 Sat | Work Day | Give back to the trail on our section of AT, somewhere between Chateaugay and Cloudland Roads. Bring work gloves, tools, lunch & water. Rain date Sun., 5/1. | Debbie.marcus57@gmail.com 978-578-4198 |
| May 3 Tues | Walk | Exploring the Montshire Museum Natural Gardens, Norwich, VT. Less than 2 miles, slow pace. Easy, easy on the knees. *** Fee charged. | Inge Brown 802-280-8017 |
| May 6 Fri | Hike | Snow Mountain, Enfield, NH. Two ponds to explore; wildlife habitat. In 400-acre tract conserved by Upper Valley Land Trust. Out-&-back. 3 mi, 500'+ elev. gain. Moderate. | Tom McCleary 802-295-7592 |

2022 Spring Outings Schedule continued from Insert (Page 4)

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|----------------|-----------------|--|---|
| May 7 Sat | Hike | Marsh-Billings-Rockefeller Nat. Hist. Pk, Woodstock, VT trails. Seeking very special spring ephemerals on trails less traveled. Red & Painted Trillium, Spring Beauties, Sessile-leaved Bellwort, Bloodroot, Wild Ginger, Squirrel Corn, & more. Leader will provide guide to spring ephemerals. ~ 5 mi, mostly gentle rolling terrain. Moderate. | debbie.marcus57@gmail.com 978-578-4198 |
| May 8 Sun | Hike | Mother's Day on the Colette Trail, Enfield, NH. Wildflowers!!! & beautiful stream. Out-and-back, 4.2 mi. round trip. Easy. | Inge/Heinz Trebitz 802-785-2129 |
| May 10 Tues | Hike *** | Wilder, VT. Through peaceful woods and over fields. About 2 miles, fairly flat, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| May 13 Fri | Hike | Hartford Town Forest, Hartford, VT. From Town Forest Access Trail in Hurricane Hill Wildlife Refuge, Easy Way Up, Moose Brook Trail to Reservoir Rd; south on Blue, Goat, & Ascutney Trails (winter peek at Mt. Ascutney). Return on West Side Loop and Moose Brook trails to Tower Road.. 5 – 6 mi, ~ 1200' elevation gain (rolling terrain). Moderate. | Angie Emerson 802-299-5866 |
| May 14 Sat | Work Day | On A.T. stretch from Killington to Stony Brook Rd. to clear blowdowns, open ditches, clip brush. Meet 9:30am at place TBD. Bring work gloves, tools, lunch & water. | Nick Krembs 802-649-1048 |
| May 15 Sun | Hike | Remote & beautiful Half Mile Pond, Enfield, NH. From Smith Pond Shaker Forest off of I-89 Exit 15. Out-&-back with a view of Smith Pond en route. 5 mi. Moderate. | Annie Janeway 413-374-0988 ajaneway@gmail.com |
| May 16 Mon | Hike | A.T. between Rte 12 & Perkins Rd, out-and-back. Walk on Tom's adopted section of A.T. 7 mi round trip, 1000' elevation gain. Moderate. | Tom McCleary 802-295-7592 |
| May 17 Tues | Walk *** | White River Junction, VT. Along River Road. 2 miles, slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| May 20 Fri | Hike | Thundering Falls, Killington, VT. A.T. from Kent Pond to River Rd; return via Thundering Falls Road. 5 mi, elevation gain ~500'. Moderate. | Angie Emerson 802-299-5866 |
| May 23 Mon | Hike | Bald Top (1776'), Fairlee, VT. Cross-Rivendell Trl fr. Lake Morey, out-&-back. Views at top, to Franconia Ridge if conditions are right. 6.6 mi, 1500' elev. gain. Moderate. | Tom Kahl 207-692-7495 |
| May 24 Tues | Hike *** | Hanover, NH. Hike out and back along the east side of Mink Brook. 2 miles, slow pace. Fairly easy, easy on the knees. *** | Inge Brown 802-280-8017 |
| May 28 Sat | Hike | Lollipop loop hike in Lyme, NH Town Forest on Beaver Pond Trail, Ledge Trail and Western Forest Trail. 5 mi. Moderate with a short somewhat more challenging section. | Inge/Heinz Trebitz 802-785-2129 |
| May 30 Mon | Hike | Memorial Day on Smarts Mountain (3240'), Orford, NH. The less-crowded side of the mountain, out-&-back from Quinttown Road on J Trail (A.T.) 8.5 mi (0.5 on dirt road), 1900' elevation gain. Steady climb, nothing too steep. Moderate. | Kathy Astrauckas/ Bob Hagen 802-785-4311 |
| May 31 Tues | Hike *** | Hike to Happy Hill Shelter in Norwich, VT on Tucker Trail & A.T. Out-and-back, 2 miles with slight, easy ups and downs; slow pace. Easy, easy on the knees. *** | Inge Brown 802-280-8017 |

UVO Section First Aid

Story by *Bob Hagen*

Nine trip leaders and candidates for chainsaw certification attended a first aid class taught by fourth year medical student, Joe Minichiello. Joe slanted the course towards wilderness first aid, covering everything from tourniquets to using a tube of cake frosting to revive a hiker who had bonked due to low blood sugar. The attendees were: Dick Andrews, Kathy Astrauckas and Bob Hagen, John Dettwiler, Tom Kahl, Nick Krembs, Tom McCleary and Heinz and Inge Trebitz.

The Shelters and Trails Committee has adopted the slogan "Each one Teach one", so if you're on a hike with one of these people, ask them to talk about their takeaways from the course. Upper Valley Ambulance Service holds classes on a regular basis. If there's interest we can set up another class. Cost is \$35.00.



OTTAUQUECHEE FOOTNOTES

Upper Valley Ottauquechee Section
of the © Green Mountain Club
<http://gmc-o-section.org>

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AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB

Who are we? Founded in 1910, the Green Mountain Club was established "to make the Vermont mountains play a larger part in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

What is the Upper Valley Ottauquechee Section? Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "UVO" Section is responsible for the maintenance of 46 miles of Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

We invite you to join! If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Upper Valley Ottauquechee Section welcomes you. Through the quarterly GMC Long Trail News and the "UVO" Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Iris Berezin at 802-295-2294.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, att. Rick Dugan/Membership. Please enclose a check, payable to the Green Mountain Club.

APPLICATION FOR MEMBERSHIP

I (we) wish to join the Upper Valley Ottauquechee Section of the Green Mountain Club.

A check for \$_____ is enclosed.

Name(s) _____ Date _____

Address _____ Telephone #: _____

_____ E-mail: _____

Dues per year are \$ 45.- for adults and \$ 60.- for families