



FOOTNOTES



VOLUME 36

September - November 2013

OTTAUQUECHEE SECTION

NUMBER 3

GREEN MOUNTAIN CLUB

O-SECTION ANNUAL MEETING

The annual Meeting of the O-Section will be held on **Friday, November 8, at Damon Hall in Hartland, Vt.**

Directions: Take IS 91 to exit #9. Go north on Rt.5 to Hartland Five Corners. Damon Hall is the brick building right across from the intersection of Rts. 5 and 12.

Schedule: We will begin the evening with social hour at 5:30 pm. A pot-luck dinner at 6:30 p.m. will be shared with members of the Hartland Winter Trails Association.

POT-LUCK DINNER

Please bring dishes according to the alphabet, and provide your own plates, silverware and glasses.

- A – F Salad
- G – M Appetizers or dessert
- N – Z Main Course

ELECTIONS

After dinner, the meeting will start with the yearly reports of the chairpersons, followed by the election to our section positions.

PRESENT OFFICE HOLDERS: (yrs.)

- President** *Inge Brown* (6)
- Secretary** *Heinz Trebitz* (3)
- Treasurer/Membership** *Patty Spencer* (6)
- Outings** *Kathy Astrauckas* (9)
- Trails and Shelters** *Lee Eastman* (1)
- Newsletter** *Inge Trebitz* (16)
- GMC Section Director** *Dick Ruben* (6)
- Nominating Committee** *Heinz Trebitz* (9)

If you are interested in a section position or would like to suggest someone else, please call Heinz Trebitz at 802-785-2129 or e-mail him at iht63@wavecomm.com.

*From Dick Ruben,
O-Section representative at GMC:*

FINANCIAL STABILITY IS THE BEDROCK OF A SUCCESSFUL ORGANIZATION.

Less money from the FEDS for trail work and inevitable increases in operating expenses have forced your Board of Directors to make some difficult choices. Among them were organizational changes resulting in reduced office hours, and a general increase in the Club's membership dues. The changes reflect a recent member survey, where 80 – 90 % of the respondents said they would support a \$ 5.- dues increase.

Dues rates for the following categories will change as indicated on August 1, 2013:

Seniors / Students / Limited Income	from \$ 22.-	to \$ 25.-
Individual	from \$ 40.-	to \$ 45.-
Family	from \$ 50.-	to \$ 60.-
Sponsor	from \$ 60.-	to \$ 75.-
Defender	from \$ 80.-	to \$ 100.-
Protector	from \$ 100.-	to \$ 150.-
Life and Dual Life Memberships (as well as Guardian and Steward) have not changed.		

It has been five years since the last dues increase, and the new rates remain less than those charged by similar trail organizations.

Please continue to support your club with your dues and your response to our special appeal.

TRAIL MAGIC

“Ask at the house about overnight stays” reads the sign on the “Trail Magic” cooler on Elm Street in Norwich, right on the AT. *“My friends at home just could not believe that I was invited into a total stranger’s home, had a shower, someone did my laundry and then gave me a delicious dinner and a comfortable, warm, dry place to stay!”* said “Scout”, a through-hiker from North Carolina.

So what is Trail Magic? It is a pleasant surprise that happens to hikers totally unexpected. In this case it is a cooler filled with ice cold watermelon, chocolate chip banana bread and bagels. There’s a register with the cooler, a place for hikers to sign their names and leave messages, either for friends or for the person who puts out the Trail Magic. It is often a thank-you for the kindness extended to them. There’s nothing like a slice of juicy cold watermelon on a hot summer day when you have a long road walk ahead of you! (The road walk between the trailhead in Norwich on Elm Street and where it heads back into the woods just past the Hanover Consumer Co-op is the longest one on the entire AT.) A sign inside the cooler explains that the bagels are compliments of Dan & Whit’s, our general store, and that hikers should stop in there and thank them. The big zip-lock bag with the register also contains a booklet with FAQ’s about the Hanover/Norwich area, which includes such helpful tips as where to find the post offices, what hours they are open, the local libraries with their free access to computers and air conditioning; info about restaurants in the area, hardware stores, hotels, churches and more. There are also schedules for the Advance Transit, the free bus service in the Upper Valley, and a list of Trail Angels in the area.

So who are those Trail Angels, and what do they do? They are people who help out thru-hikers. Behind the Elm Street cooler, the Trail Angel is me. I live right on the AT in Norwich, so hundreds of hikers pass by my home every summer. I have created a Trail Angel Network which lists 19 people this year. We offer the hikers showers, laundry, meals, overnight stays, shuttles - all free (except for very long shuttles).

Let me explain a bit how and why we happened to become Trail Angels: In 2007 our 19 year-old son and a friend started a thru-hike of the Appalachian Trail. About 3 weeks into the hike he developed a nasty, infected blister on the back of a heel. At a shelter in the Great Smoky Mountains National Park they met a man and his son who had hiked up there for the night. This man watched as my son’s hiking partner lanced the blister (now for the 3rd time!), under completely sterile conditions of course, as could only be found in a shelter in the woods! The man’s truck was parked 8.5 miles down a side trail. If our son and his friend would be willing to hike out to it the next morning, he could drive them to a clinic and have a doctor look at the blister.

That day my husband received a phone call from our son with the question *“Hey, what’s our health insurance policy number?”* Just the kind of call you love to get from your son in the woods. He had gone to the clinic with the kind man’s sister and her family, and they also took him home. Well, they stayed with this family for 6 days, until the infection was cleared up. These people took in two strangers, two SMELLY teenage strangers and housed them, fed them, showered them and generally made a fuss about them for 6 days!

As a thank-you I sent them a box with homemade peach ginger jam, some freshly made fudge and a quart of Vermont’s finest maple syrup. They replied with a note from each family member and told us *“We feel like the lucky ones, getting to know these two teenagers. We only ask one thing of you, that you pay it forward.”*

Our son went on to finish his thru hike that year, all 2174 miles of it. He even got to sleep in his own bed for a few nights. After all, we are RIGHT on the AT! And we began our adventure as Trail Angels. We opened up our house to hikers and began to meet hundreds of these stalwart and interesting folks. We always tell them the story of our son and the kindness that was extended to him and his hiking partner. And we ask our guests to pay it forward by helping someone else during their journey on the AT or maybe later, when they have returned to their “real life”.

It is our hope that we can change the world, one hiker at a time, and make it a better place.

Elizabeth Maislen



(At printing time, Elizabeth’s family had hosted 121 hikers this summer. In 2012, the group members helped 581 young people.)

"O" SECTION FALL ACTIVITIES, SEPTEMBER - NOVEMBER 2013

Hunting Season	VT: 10/5 - 27 Bow & Arrow Deer 11/9 - 10 Youth Deer Wkend 11/16 - 12/1 Deer Rifle Season	NH: 9/15-12/15 Deer & Turkey Archery 10/26 - 27 Youth Deer Wkend 11/2 - 12 Deer Muzzleloader	10/14 - 18 Turkey Shotgun 10/19 - 27 Moose (permit only) 11/13 - 12/8 Deer Reg. Firearms
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*** Easy on the knees BACK-COUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

Sept 1 Sun		(Labor Day Weekend)	
Sept 2 Mon	Hike	Okemo Mt. (3343') via Healdville Trail. Fire tower, nice views. Steep grades but not rough. 6.0 mi., 1900' ascent. Moderate.	Dick Andrews 802-885-3201
Sept 3 Tues	Hike	Home Hill Peak (1061'), Plainfield, NH. Small peak overlooking Connecticut River. 3.2 mi, a few hundred feet elevation gain. Easy.	Peter Hope 603-863-6456
Sept 3 Tues	Planning Meeting	Planning mtg for Winter (Dec - Feb) outings. 7 p.m. at the home of Dick Andrews & Stephanie Rowe. Call Kathy A. ahead with ideas if you can't come (802-785-4311).	Dick Andrews 802-885-3201
Sept 7 Sat	Hike	Lost Pond Bog (2720'), Big Branch Wilderness, east of Danby, VT. Floating bog mat, pitcher plants, etc. 7.5 mi (6 mi LT, 1.5 mi bushwhack), 1500' elev. gain. Moderate.	Dick Andrews 802-885-3201
Sept 8 Sun	Bike Ride	Tour de Taste Pedaling Picnic sponsored by Upper Valley Trails Alliance. Join GMC group of cyclists. 30 mi. Pre-registration required: www.uvtrails.org	Angie Emerson 802-299-5866
Sept 9-13 Mon - Fri	Overnight	1 - 4 nights at Wheeler Pond Camp in VT's NE Kingdom. Hikes (mostly moderate) ea. day, biking & paddling also poss. Small fee. SIGN UP ASAP! phope@worldpath.net	Peter Hope 603-863-6456
Sept 14 Sat	Hike	Camels Hump (4083'). Up Monroe Trail; 3.4 mi, 1800' elevation gain. Down: Opt. 1: LT / Dean / Monroe Trail; 3.7 mi, Moderate. Opt. 2: LT on Bamforth Ridge to Duxbury Rd, 6.3 mi, Strenuous. (Total: 7.1 or 9.7 mi.)	Heinz/Inge Trebitz 802-785-2129
Sept 15 Sun	Bike Ride	Loop around Goose Pond starting in Lyme, NH, via Dartmouth Skiway. 20 - 25 mi. Hilly, lots of dirt sections. Mtn. or hybrid bike recommended. Moderate - Strenuous.	Dick Ruben 802-333-3707
Sept 17 Tues	Hike	White Rocks, Wallingford, VT. From picnic area, explore trails to Ice Beds and to White Rocks Cliff. 5 mi, 1430' elevation gain. Moderate.	Peter Hope 603-863-6456
Sept 21 Sat	Hike	Mt. Cardigan (3121') from Orange, NH. West Ridge, Clark, and South Ridge trails. 3.6 miles, 1220' elevation gain. Moderate.	Angie Emerson 802-299-5866
Sept 22 Sun	Bike Ride	Loop fr NH 25A on Indian Pond Rd to 25C, Cape Moonshine Rd, Rte 25A, Orford/Warren, NH. Lunch/swim, Lk Tarleton. 25 mi. Stren. Some dirt. Mtn. or hybrid bike.	Heinz/Inge Trebitz 802-785-2129
Sept 24 Tues	Bike Ride	Silver Lake Loop, Woodstock-Barnard, VT. Snack at Silver Lake, bring lunch, eat at leaders' home at end. ~ 20 mi. (5 mi. dirt). Moderate w/ long but gradual uphill.	Tom/Diane Russell 802-457-2898
Sept 28 Sat	Hike	Rivendell Ramble, W Fairlee, VT. 5-mi hike or 10K or 3K run. Rivendell Tr. fund raiser. Free meal after. Support local trails with O-Section team. www.crossrivendelltrail.org	Kathy Astruckas 802-785-4311
Sept 28 Sat	Volunteer Apprec. Picnic	GMC volunteers (in any and all capacities), come celebrate GMCers' hard work and dedication. 3-5 pm at GMC Headquarters, Waterbury Ctr., VT. RSVP for food planning.	GMC Hdqtrs. 802-244-7037
Sept 29 Sun	Hike	LT / A.T. from Rt.140 in VT over Bear Mtn.(2262') / Minerva Hinchey Shelter to Clarendon Gorge at Rt.103. 6.3 mi; 1000' elevation gain; car spot. Moderate.	Heinz/Inge Trebitz 802-785-2129
Oct 1 Tues	Hike	Snake Mountain (1287'), Addison, VT. Great views from summit, lovely pond. 3.6 mi, 900' elevation gain. Moderate.	Peter Hope 603-863-6456
Oct 5 Sat	Hike	Mts Willey (4285'), Field (4340'), & Avalon (3442'). Kedron Flume, Ethan Pond, Willey Range, Avalon Trails. 6.8 mi, 3100'+ elev gain. Strenuous; mod pace. Short car spot.	Debbie Marcus 802-457-9047
Oct 6 Sun	Hike	Join a Marsh-Billings-Rockefeller National Hist. Park Ranger on short A.T. hike near Woodstock, VT. Pomfret Rd. to Bartlett Brk Rd, out & back. 1.5 mi. round trip. Easy.	Heinz/Inge Trebitz 802-785-2129
Oct 8 Tues	Hike	French's Ledges, Meriden, NH. Loop from Plainfield Elementary School through lovely woods to great viewpoint. About 4 mi. with 700' elev. gain. Easy to Moderate.	Peter Hope 603-863-6456
Oct 12 Sat	Hike	Stratton Mtn. (3936') from Kelley Stand Rd. via I.P. Rd. and Long Trail. Fire tower with nice views. 6.6 mi., 1600' elevation gain. Moderate.	Dick Andrews 802-885-3201

Oct 13 Sun	Cider Hike	3 - 4 mile hike in the vicinity of the Trebitz home, followed by cider pressing and tasting, and taking some home! Hike is moderate, cider pressing is work!	Heinz/Inge Trebitz 802-785-2129
Oct 14 Mon	Hike	Mt. Cube (2909'), Orford, NH. Up the Kodak Trail (A.T.) from Quintown Rd. at a gentle pace, down Cross-Rivendell Trail. 6 mi, 2100' elevation gain. Moderate. Car spot.	Jane & Skip Brown 802-333-4541
Oct 15 Tues	Hike ***	Hazen Trail in Wilder, VT. About 3 miles, part newly rerouted. Easy. ***	Inge Brown 802-296-5777
Oct 19 Sat	Hike	Hartford Town Forest. Figure-8 loop on multi-use trails in pleasant woods. 6 mi, 1200' elevation gain. Moderate.	Angie Emerson 802-299-5866
Oct 20 Sun	Hike	Smarts Mtn. (3240'), Orford, NH. Out & back on Lambert Ridge Tr. (A.T.) Nice views from ledges & from observation tower at summit. 7.2 mi, 2800' elev. gain. Strenuous.	Dick Ruben 802-333-3707
Oct 21 Mon	Hike ***	Collette Trail, Enfield, NH. Lovely stream with waterfalls. Grafton Pond Rd. to Crystal Lake. 3 - 4 mi, mainly gradual downhill. Easy ***. Car spot. Co-ldr. Dorothy Sullivan.	Peter Hope 603-863-6456
Oct 22 Tues	Hike	Andrew Brook Trail to Lake Solitude, on flank of Mt. Sunapee, Newbury, NH. Out-and-back, 3.8 mi, 1400' elevation gain. Moderate.	Eleanor Zue 802-685-3182
Oct 26 Sat	Hike	Mt. Tom (1300'), Woodstock, VT. South Peak overlooking Woodstock Village; the Pogue (pond). About 2.5 - 3 hours. Gentle. Easy to Moderate. Bring water & a snack.	Emily Jones 802-457-9110
Oct 27 Sun	Hike w/ RTA	Joint hike with Rivendell Trail Assn. Mt. Cube (2909') loop includes A.T., Cross Rivendell Trail, and old woods roads/ bushwhack. ~ 8 mi, 2100' elev. gain. Moderate.	Andy Boyce 603-353-2170 x209
Oct 29 Tues	Hike ***	Pine Park Trail at Hanover, NH golf course. Loop through pine and hemlock forests, a few ups and downs. About 2 miles. Easy. ***	Inge Brown 802-296-5777
Nov 2 Sat	Hike	Pretty, remote Griffith Lake, in Peru Vt., from the south via old woods road (wet in spots). 5.3 mi., 480 ft. elev. gain. Easy hike on last day of Daylight Saving Time!	Dick Andrews 802-885-3201
Nov 3 Sun	Hike	Climb Sugarloaf (2500') in the Benton range of NH. Round trip 3.4 mi; 1300' elevation gain. Difficult.	Heinz/Inge Trebitz 802-785-2129
Nov 5 Tues	Hike ***	Albert Schweitzer Trail. An almost 2-mile loop around the Dartmouth-Hitchcock Medical Center. Easy. ***	Inge Brown 802-296-5777
Nov 5 Tues	Hike	Spruce Peak (2040') to Prospect Rock, Manchester, VT. LT from VT-11 south; descend Old Rootville Rd. Good views. 6.7 mi, ~ 900' elev. gain. Moderate. Car spot.	Peter Hope 603-863-6456
Nov 8 Fri	ANNUAL MEETING	Annual Ottauquechee Section (members and guests) Meeting and Potluck Dinner. Damon Hall, Hartland, VT. 5:30 social hour, 6:30 dinner. See details on front page.	Inge Brown 802-296-5777
Nov 9 Sat	Road Walk/ ChocFondue	Afternoon dirt road walk, then choc. fondue at leader's home in Hartland, VT. Bring food to dip & share; choc. provided. ~ 5 mi, hilly (part steep downhill). Easy - Mod.	Katie Rawson 802-436-1125
Nov 10 Sun	Hike	Loop in Union Village Dam Recreation area of Thetford, VT. 5 - 6 mi. Moderate.	Heinz/Inge Trebitz 802-785-2129
Nov 12 Tues	Hike	Brushwood Community Forest, West Fairlee, VT. About 3 mi. Moderate.	Heinz/Inge Trebitz 802-785-2129
Nov 16 Sat	Hike	Farnum Hill Preserve, Lebanon, NH. 6-7 mi. with climbs and run along ridges; very hilly & rocky terrain. South Peak (1336'). Car Spot. Moderate. (No Hunting area.)	Angie Emerson 802-299-5866
Nov 17 Sun	Hike	A.T. from Pomfret-S. Pomfret Road to Cloudland Road, then on old logging rd. & dirt rd. to refreshments at leader's home in Quechee. Approx. 5 mi.; car spot. Moderate.	Debbie Marcus 802-457-9047
Nov 19 Tues	Hike ***	Storrs Pond Ring Trail, Hanover, NH. Loop hike of almost 2 miles. Very short ups and downs around the pond. Easy. ***	Inge Brown 802-296-5777
Nov 19 Tues	Hike ***	Northern Rail Trail, Grafton to Danbury, NH. Paralleling Smith River. 7 - 8 miles, level. Easy *** (terrain) to Moderate (distance). Car spot.	Peter Hope 603-863-6456
Nov 23 Sat	Hike	Avoid icy trails on paved Mt. Ascutney (3150') rd. No cars, nice views. 7.4 mi., 2,190' elev. gain. Mod-Stren. (May do summit if snowy or dry; adds 1.4 mi. & 400' elev.)	Dick Andrews 802-885-3201

(continued....

Nov 24 Sun	Road Walk	Lovely, bucolic Dogford Road from cemetery in Etna to Hanover Center, NH. 4.7 mi, all paved, some hills. Moderate. Short car spot.	Kathy Astrauckas 802-785-4311
Nov 26 Tues	Hike	Class IV Roads in Barnard, VT. Beaver ponds and some views. Approx. 8 mi, hilly. Moderate.	Dick Ruben 802-885-3201
Nov 30 Sat	Hike ***	From Happy Hill Rd in Norwich, VT on Tucker Trail to Happy Hill shelter on A.T. and back. About 2 miles. Easy. ***	Inge Brown 802-296-5777



Paul Magoon Remembered

Paul Magoon, a charter member of the Ottawaquechee Section since its foundation in 1979, died on August 10, 2013, in Brunswick, Ga, following a long illness.

Paul was originally a member of the Killington Section. In about 1969 he began to maintain single-handedly the Appalachian Trail from Barnard's Lookout to Chateaugay Gulf.

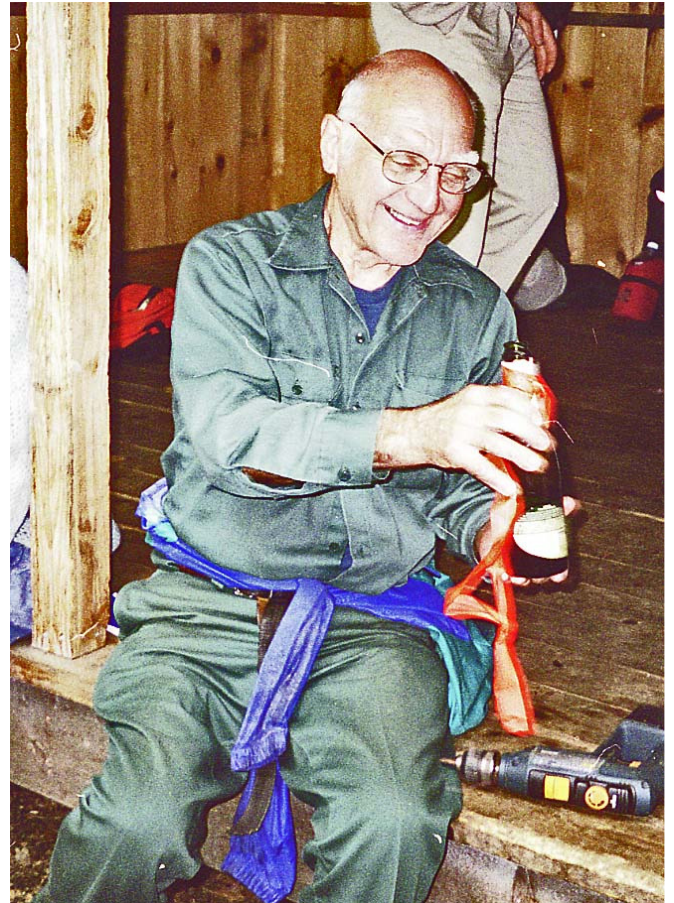
He switched over to our section later, because it was closer to his Springfield home. In the first Footnotes of May 30, 1979, he is already listed as Trails and Shelters Chairman. He kept that responsibility until 1988.

Paul's love for the outdoors must have gone back many years, since he served in the 10th Mountain Division, U.S.Army, during WWII. After the war he attended the University of NH and graduated with a bachelor of science degree in forestry. He moved to Springfield in the early 1950's.

Besides being active in all the GMC's trailwork, Paul gave a lot of his time to the Ascutney Trails Association and their beloved mountain. After the death of his wife "Cardy" in 2006 he told us that the winters were getting colder in Vermont. He wanted to live closer to one of his sons and moved to Georgia.

For those of us who remember Paul, the first picture in our mind might be his impish grin or infectious smile, whatever you want to call it!

Inge Trebitz



Paul at the 2000 Stony Brook Shelter dedication

WELCOME TO OUR NEW MEMBERS

<i>Carol Barrett</i>	<i>Rebecca Conklin</i>
<i>Richard DeReyna</i>	<i>Julia Korkus</i>
<i>Doug Raymond</i>	<i>Anne Sapio</i>
<i>Michele and Christian Shepherd</i>	
<i>Helen and Ephraim Shulman</i>	
<i>Roger Whitcomb</i>	

OTTAUQUECHEE FOOTNOTES

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http://lab.dartmouth.edu/gmc-o-section

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AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB

Who are we? Founded in 1910, the Green Mountain Club was established "to make the mountains of Vermont play larger roles in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

What is the Ottauquechee Section? Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "O" Section is responsible for the maintenance of 46 miles of Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

We invite you to join! If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Ottauquechee Section welcomes you.. Through the quarterly GMC Long Trail News and the "O"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Patty Spencer at 802-333-3571.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, att. Joe Sikowitz. Please enclose a check, payable to the Green Mountain Club.

APPLICATION FOR MEMBERSHIP

I (we)wish to join the Ottauquechee Section of the Green Mountain Club.

A check for \$_____ is enclosed.

Name(s)_____ Date_____

Address_____

Telephone #:

_____ E-mail: _____

Dues per year are \$ 45.- for adults and \$ 60.- for families