



# FOOTNOTES



VOLUME 46  
NUMBER 3

September 2024 – November 2024

UPPER VALLEY  
OTTAUQUECHEE SECTION  
of the  
GREEN MOUNTAIN CLUB

IF YOU WOULD LIKE TO RECEIVE THE FOOTNOTES IN AN E-VERSION RATHER THAN BY MAIL,  
PLEASE LET HEINZ TREBITZ KNOW at [heinztrebitz@gmail.com](mailto:heinztrebitz@gmail.com)

## UVO SECTION ANNUAL MEETING IN PERSON!

The annual meeting of the UVO section will be held on **Friday, October 25, at the Thetford Center Community Center in Thetford, VT.**

**Directions:** Rt.91 north to exit#14. Turn left onto Rt.113. Continue up over Thetford Hill and down into Thetford Center. The TCCC is on the left across from Town Hall.

**Schedule:** We will begin the evening with social hour at 5:30 pm, followed by **pot-luck dinner** at 6:00 pm. (TCCC is equipped with a full kitchen)

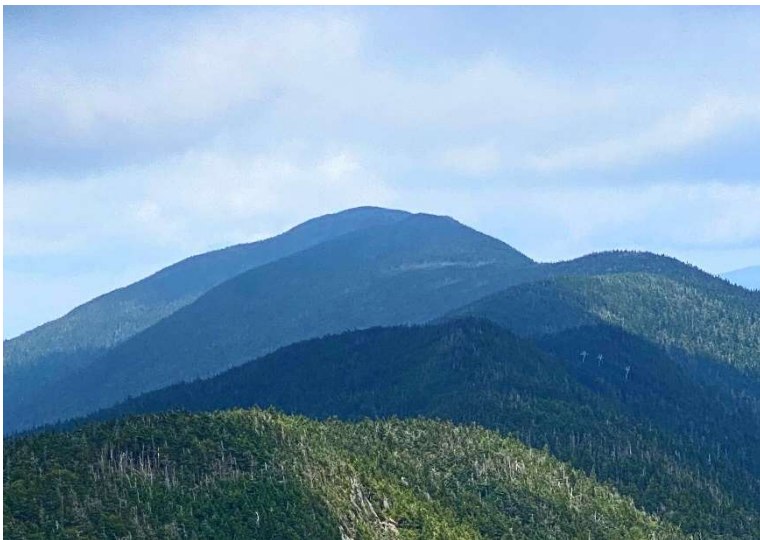
## **Elections:**

After dinner, the meeting will start with the yearly reports of the chair persons, followed by the election to our section positions.

### **PRESENT OFFICE HOLDERS:**

President	Dick Andrews
Secretary	Judith Danna
Treasurer/Membership	Iris Berezin
Outings	Kathy Astrauckas
Trails and Shelters	Bob Hagen, Chair
Newsletter	Inge Trebitz
GMC Section Director	Tom Kahl
Nominating Committee	Annie Janeway

**If you are interested in a section position** or would like to suggest someone else, please contact Annie Janeway at [ajaneway@gmail.com](mailto:ajaneway@gmail.com)



Mt. Lincoln toward Mt. Ellen – The LT follows the ridgeline

Photo: *Phil Robertson*

## **UVO Section Members:**

Saturday September 21st is the **Green Mountain Club's annual Long Trail Day (LTD)**, which is our annual community fundraiser and celebration of all things hiking. The funds go directly to support GMC's work to maintain Vermont hiking trails for current and future generations. There are several ways that you can participate.

Join our UVO September 21st LTD hike to Griffith Lake. 🥾 We will head south from the Porky Point trailhead in Peru VT, hiking to and around Griffith Lake. Then you can either return directly to the trailhead (5.5 mi and 550 ft climb), or go over Peru and Styles (view) Peaks to Mad Tom Notch (7.6 mi, 1,500 ft. climb).

Join the UVO Section Woodchuck LTD Team. You can go directly to the UVO Section Woodchuck [https://secure3.convio.net/gmc/site/TR/Events/General?team\\_id=1402&pg=team&fr\\_id=1090](https://secure3.convio.net/gmc/site/TR/Events/General?team_id=1402&pg=team&fr_id=1090) Team web page to join our Woodchuck team, and/or make a LTD donation that will be credited to our team. This is the easiest way to contribute to the UVO Woodchucks.

Or go to the GMC Long Trail Day Homepage

[https://secure3.convio.net/gmc/site/TR/Events/General?pg=entry&fr\\_id=1090](https://secure3.convio.net/gmc/site/TR/Events/General?pg=entry&fr_id=1090) where you can register and donate as an individual. We hope that you will join us and help support the GMC. Please let me know if you have any questions or comments.

*Tom Kahl, UVO Director at GMC Board*



## Mt. Mansfield Hike in June

On Tuesday, June 25, seven of us completed a loop on the shoulder of Mount Mansfield. It was sunny with a mild temperature as we started the climb on the Butler Lodge Trail where we tackled the steepest part of our hike.

There was much conversation as we got acquainted with a new GMC member on their first outing with the club. After a brief stop for a snack and look around at Butler Lodge we walked over Wallace Cutoff to pick up the Long Trail and headed south. We took our time with this section of trail, since recent heavy rains had made the rocks slippery and tread muddy.

There were many small and pretty streams to cross as we made our way further down the trail, teased by an occasional light breeze that cooled us as afternoon temperatures began to climb.

We decided to take a well traveled spur trail off Taylor Lodge to a viewpoint before heading over to the Clara Bow for the next leg of our hike. Like other sections of trail that day Clara Bow was wet, but noticeably cooler, as we confidently climbed down a ladder and scrambled through a cave like rock formation with a wow factor.

The group then picked up Long Trail again and headed North connecting with the Nebraska Notch trail for an easy walk back to the parking lot.

Photos and Story: *Patrick O'Neill*



## "UVO" SECTION FALL ACTIVITIES, SEPTEMBER - NOVEMBER 2024

<b>Hunting Season</b>	<b>VT:</b> 10/1 – 11/15 & 12/2 - 15 <b>10/26 – 27</b> (10/31 – 11/3) <b>11/16 – 12/1</b> 12/7 – 15	<b>Deer Archery Youth/Novice Deer Wkend</b> (Deer Muzzleloader Antlerless) <b>Deer Regular Season</b> Deer Muzzleloader	<b>NH:</b>	9/15 - 12/15 <b>10/26 – 27</b> 11/2 – 12 <b>11/13 - 12/8</b>	<b>Archery: Deer &amp; Turkey Youth Deer Wkend</b> Deer Muzzleloader <b>Deer Reg. Firearms</b>
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\*\*\* Easy on the knees BACK-COUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

Sept 3 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Sept 7 Sat	Hike	Mts. Eisenhower (4763') & Pierce (4313'), Southern Presidentials. Up Edmands Path, down Crawford Path. Great views! 7.9 mi, 2750' climb. Poss. side trip to Mizpah Spring Hut adds 0.5 mi. and 50' climb. Short 2-mi. car spot required. Strenuous. <a href="mailto:g568hiker@outlook.com">g568hiker@outlook.com</a>	Gerard Gagnon 603-540-2809
Sept 8 Sun	Bike Ride	Rutland/Proctor, VT loop. Scenic views of Killington & Taconic Mtn. ranges. Visit Proctor. Beautiful Marble Bridge in former town quarry; Marble Museum. Pretty town, no commerce. Quiet road out; wide shoulder on return. 15 mi., some hills (one short & steep). Moderate. <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> (Email contact preferred)	Duncan Love 802-226-7697
Sept 10 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Sept 10 Tues	<b>UVO Qtrly &amp; Planning Meeting</b>	UVO Quarterly Business & Planning Meeting for Winter (Dec – Feb.) outings. 7:00 p.m. via Zoom, because it works so well. Call or email Kathy Astrauckas ahead w/ ideas if you can't join us. <a href="mailto:kabh@myfairpoint.net">kabh@myfairpoint.net</a>	Kathy Astrauckas 802-785-4311
Sept 14 Sat	Hike	Burke Mountain (3,267'), Burke, VT. Red Trail, Summit Trail, Profile Trail, return on West Peak Trail & Red Trail. Views! 6 mi, 1,650' climb. Moderate. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill (802) 291-3208
Sept 15 Sun	Bike Ride	Cornish/Plainfield NH area. NH-12A/Townhouse Rd, passing fairgrounds. NH-120 return, Plainfield Rd./NH-12A loop. Pretty woods & countryside. Covered bridges. 23 mi, some hills. Moderate. <a href="mailto:duncanlove4024@yahoo.com">duncanlove4024@yahoo.com</a> (Email contact preferred)	Duncan Love 802-226-7697
Sept 17 Tues	Hike	Burnt Rock Mtn (3168'), North Fayston, VT. Out-and-back via Hedgehog Brook & Long Trails. Good views. 5.2 mi, ~2000' climb. Moderate - Strenuous. <a href="mailto:g568hiker@outlook.com">g568hiker@outlook.com</a>	Gerard Gagnon 603-540-2809
Sept 17 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Sept 19 Thurs	Hike	Sunday Mtn traverse, Orford, NH. Cross-Rivendell Trail fr Dame Hill Rd. to Norris Rd. 3.6 mi, 800' elev. gain. 2 viewpoints. Car spot. Moderate.	Inge/ Heinz Trebitz 802-785-2129
Sept 21 Sat	<b>Long Trail Day Hike</b>	Southern Long Trail, Peru, VT. From end of USFS 58, Griffith Lake Trail to north end of Griffith Lake; LT south along lake to Peru Peak Shelter. After lunch, there are 2 options. 1: LT over Peru & Styles (view) Peaks to Mad Tom Notch. 7.6 mi, 1,500' climb. Moderate. Short car spot. OR 2: back to the start at Porky Point. 5.5 mi, 550' climb. Moderate. (Both hikes start at same point, will hike together to & around lake to shelter, then diverge to return to cars.)	Tom Kahl 207-692-7495
Sept 23 Mon	Hike	2 <sup>nd</sup> Day of Fall, Sugarbush ski resort. From Lincoln Peak Base Village up Jester ski trails to Lincoln Peak (observation deck) & Nancy Hanks Peak. Long Trail north to top of Sugarbush's Castlerock ski lift. Down steep Castlerock ski trails back to Lincoln Peak Base. Great views. 7.5 mi, 2300' climb. Strenuous. <a href="mailto:pmrobertson50@gmail.com">pmrobertson50@gmail.com</a>	Phil Robertson 802-457-7357
Sept 24 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Sept 25 Wed	Hike	Appalachian Trail, Norwich, VT. Come explore our adopted stretch of the AT from Cossingham Road to Elm Street. ~ 2.5 miles, short ups & downs, mostly gentle w/ steeper downhill near end. Moderate. Car spot.	Inge/ Heinz Trebitz 802-785-2129
Sept 28 Sat	Hike	Mount Ascutney (3150'), Weathersfield VT. Bicentennial Trail via new sections of trail added by Upper Valley Trails Alliance in 2023; return via Brownsville Trail. 5.3 mi, 2200' climb. Strenuous. Car spot required. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill (802) 291-3208
Sept 30 Mon	Hike	Blueberry Mtn (2662'), Glenciff, NH. Out and back. 5.2 mi round trip, 1300' climb. Fabulous views from ledges. Moderate.	Iris Berezin 802-295-2294
Oct 1 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017

Oct 2 Wed	Hike	Ripton, VT: Burnt Hill Trail & Long Trail south to Middlebury Gap. Lovely stretch of trail; side trail to Silent Cliff with great view! 5.5 mi, 1900' climb (long steady climb, but never steep; downhill to the gap). Moderate. Car spot. Cell phone (call or text msg; NO voicemail): 802-356-0428	Susan Ogden <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>
Oct 5 Sat	Hike	Black Mtn (2830'), East Haverhill, NH. Chippewa Trail. Steep, w/with many incredible views, esp. summit view toward Moosilauke. Tipping Rock. Side trip to historic lime kilns. 3.8 mi, 1550' climb. Some very steep sections. Moderate - Strenuous.	Iris Berezin 802-295-2294
Oct 8 Tues	Hike	Camels Hump (4083'). East Loop from Duxbury, VT: Monroe Tr, Dean Tr, LT North; return on Monroe Tr. Fabulous views; exposed alpine zone. 7.4 mi, 2583' climb. Some rock scrambling. Strenuous. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill 802-291-3208
Oct 8 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Oct 9 Wed	Bike Ride/ Hike	From Strafford Town Forest trail parking on Hemenway Rd: Bike down Van Dyke Rd, Old City Falls Rd, & Justin Morrill Mem. Hwy to Strafford & South Strafford Park & Ride (about 8 miles). Lock bikes there. With shuttle car go back up to Hemenway Rd. to retrieve vehicles. Options before you return: Hike Town Forest Fen Trail East (0.8 mi) or West (1.8 mi), both well known for orchids in spring. Or stop on the ride down & hike to Old City Falls (0.4 mi out-and-back). Biking easy, mostly downhill. Hybrid or mountain bikes required.	Inge/ Heinz Trebitz 802-785-2129
Oct 11 Fri	Hike	A section of A.T. in the Cloudland area of Woodstock, VT. Moderate. Contact leader for details. <a href="mailto:debbie.marcus57@gmail.com">debbie.marcus57@gmail.com</a>	Debbie Marcus 978-578-4198
Oct 15 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Oct 15 Tues	Bike Ride	Lamoille Rail Trail between Hardwick and Morristown VT. Enjoy a scenic mid fall ride in northern Vermont. About 15 miles, car spot. Easy.	Tom Kahl 207-692-7495
Oct 19 Sat	Hike + Bike	Town House Trail, Strafford, VT. Start at Justin Morrill Homestead, hike Town House Trail. Bike spot off Route 132, O'Neil Rd; bike back to cars. Moderate. Hike: 3 mi, 600' climb. Bike: 3 mi, mostly downhill & flat.	Tom McCleary 802-295-7592 cell 802-356-0890
Oct 20 Sun	Hike	Coolidge State Park, Plymouth, VT. Loop hike: Slack Hill Trail & CCC Trail. Two viewpoints. 3.5 - 4 mi, 300' climb. Moderate; one steep downhill & uphill.	Annie Janeway <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a> 413-374-0988
Oct 21 Mon	Dirt Road Walk	Galaxy Hill Road & Webster Hill Rd, Pomfret, VT. From Pomfret Town Hall, out-&-back on Galaxy Hill Road (stunning foliage views & lovely farms). Short walk on Webster Hill Road affords other views & an interesting cemetery. ~ 5 mi. Moderate.	Iris Berezin 802-295-2294
Oct 22 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Oct 25 Fri	<b>UVO Sect Annual Mtg</b>	Annual Upper Valley Ottauquechee Section (members & guests) meeting & potluck dinner at Thetford Center Community Ctr. 5:30 social hour, 6:30 dinner. (Details on front page)	Dick Andrews 802-885-3201
Oct 27 Sun	Hike	Spruce Mtn (3037'), Plainfield, VT. Great views from fire tower at summit. 4.4 miles, 1180' climb. Moderate. Cell phone (call or text msg; NO voicemail): 802-356-0428	Susan Ogden <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>
Oct 29 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Nov 2 Sat	Hike/Spike (or M 11/11 Vet Day)	Long Trail north from US-4 to Rolston Rest Shelter & return. Also passes by Tucker Johnson Shelter. 10 miles, but only 1700' climb, nothing steep. Moderate. (If snowshoes/unbroken trail [unlikely], we'll shorten trip considerably.)	Kathy Astrauckas/ Bob Hagen 802-785-4311
Nov 3 Sun	Mystery Outing	Daylight Saving Time ended last night. Contact leader to see what short, home-before-dark outing she has planned.	Annie Janeway <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a> 413-374-0988
Nov 5 Tues	Walk ***	Election Day: Vote, then take a short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Nov 8 Fri	Hike	Wright's Mtn (1882'), Bradford, VT. Network of trails, many named for the people involved in developing the area. Cabin/lookout at summit w/ views of VT; return w/ view of NH. Side trip to Devil's Den possible if group wants. 5+ mi. Moderate; hilly.	Iris Berezin 802-295-2294
Nov 11 Mon	Hike	Veterans Day on Moose Mtn south ridge (NOT the summit). Views!!! possibly including Mt. Washington; great view over Mascoma Lake at turn-around point. 7.0 mi, 1400' climb, but all short, mild ups and downs, mostly gentle ridgeline. Moderate.	Kathy Astrauckas/Bob Hagen 802-785-4311

## 2024 Fall Activities - continued from Insert (Pages 3 & 4)

Nov 12 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Nov 13 Wed	Hike	Tucker & Woodchuck Mtns, Newbury, VT. Tucker Mtn is conserved by VT Land Trust. Part woods road, part trail. Some moderate climbing to a great viewpoint. ~ 5 mi. ~ 550' climb. Moderate. Cell phone (call or text msg; NO voicemail): 802-356-0428	Susan Ogden <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>
Nov 16 Sat	Hike	French's Ledges, Plainfield, NH. Start at Plainfield Elem Schl. 2 - 3 hour meander through woods; short scramble to top of ledges & beautiful view. Moderate.	Iris Berezin 802-295-2294
Nov 18 Mon	Hike	Marsh-Billings Rockefeller National Historical Park, Woodstock, VT. From Prosper Rd Trailhead on lesser-used trails: West Ridge Tr, Maple Tr, Acer Loop, Red Pine Loop, Summer Pasture, North Ridge, Middle Pass, Prosper Tr loop. Some really nice views. May also go around The Pogue. ~ 4 miles. Moderate.	Iris Berezin 802-295-2294
Nov 19 Tues	Paved Road Walk	Paved road all the way around Lake Morey, Fairlee, VT. Views of lake the whole way. 6 mi. Mostly level with 1 or 2 small hills. Easy.	Kathy Astraukas/Bob Hagen 802-785-4311
Nov 19 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Nov 23 Sat	Road Walk	Lovely, bucolic Dogford Road from cemetery in Etna to Hanover Center, NH. 4.7 mi, all paved, some hills. Moderate. Short car spot (~ 2 mi).	Kathy Astraukas/Bob Hagen 802-785-4311
Nov 26 Tues	Walk ***	Short walk in the local Upper Valley area of Vermont. Slow pace, less than an hour. Easy, easy on the knees. *** Please call Inge Brown for location and time.	Inge Brown 802-280-8017
Dec 1 Sun	Dirt Road Walk	Thetford, VT. Campbell Flats loop: Ompompanoosuc River and Union Village Dam. Approx. 6 mi, mostly dirt roads. Moderate w/ several steep sections.	Kathy Astraukas/Bob Hagen 802-785-4311

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### Moldering Privies at Shelters on the LT and AT in Vermont

*(Dick Andrews)*

Fair warning: I'm going to toot my own horn. But also the GMC's:

This summer the club is reaching a big milestone: the elimination of all pit privies on the Long Trail and the Vermont Appalachian Trail (as the club calls our section's piece of the AT). The UVO's Winturri Shelter will be one of the last to get a new privy this fall. Then every overnight site will have some kind of composting privy.

No more stinky holes in the ground containing you-know-what, to be covered when full. No more holes to dig where most or all places with enough dirt have already been used.

In the 1990s the GMC had already installed batch-bin composters at some high-use sites. These had big fiberglass tubs where human waste is mixed with bark mulch for hot composting. They work, but are expensive to build and maintain, and manually mixing sewage and mulch poses some risk. Users are asked to pee in the woods, because wet sewage requires more bark mulch, which is heavy to carry in.

Thirty years ago I oversaw a crew of Harvard first-years as they carried in the material for the club's first moldering\*) privy: cedar landscaping timbers, tools, and fluffy wood shavings were brought up the Homer Stone Brook Trail to Little Rock Pond Shelter. We picked up the privy shelter, topped up the hole, built a cribwork, poured in six inches of shavings, perched the shelter atop the crib, and banked earth and duff around the timbers. Oh, and added steps to the privy. Thru-hikers wrote it was "the best-smelling privy between here and Georgia." And it worked so well the crib didn't fill before the shelter was replaced with the current structure at a different spot in 1997.

When you see moldering privies on other trails remember: they started here in VT.

\*) *Moldering* is slow composting at ambient temperatures



Don Whitney's privy model  
Photo: Heinz Trebitz

**OTTAUQUECHEE FOOTNOTES**

Upper Valley Ottauquechee Section  
Of the ©Green Mountain Club  
<https://uppervalleygmc.org>

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***AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB***

**Who are we?** Founded in 1910, the Green Mountain Club was established "to make the Vermont mountains play larger part in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

**What is the Upper Valley Ottauquechee Section?** Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "UVO" Section is responsible for the maintenance of 46 miles of the Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

**We invite you to join!** If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Upper Valley Ottauquechee Section welcomes you.. Through the quarterly GMC Long Trail News and the "UVO"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Iris Berezin at 802-295-2294.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, attRick Dugan/Membership. Please enclose a check, payable to the Green Mountain Club.

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***APPLICATION FOR MEMBERSHIP***

I (we)wish to join the Ottauquechee Section of the Green Mountain Club.

A check for \$ \_\_\_\_\_ is enclosed.

Name(s) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Telephone #:

E-mail: \_\_\_\_\_

Dues per year are \$ 45.- for adults and \$ 60.- for families