



# FOOTNOTES



VOLUME 47

September 2025 – November 2025

NUMBER 3

UPPER VALLEY  
OTTAQUECHEE SECTION  
of the  
GREEN MOUNTAIN CLUB

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## President's Message - Summer 2025

Summer 2025 began with a large contingent from the UVO Section traveling to GMC Headquarters in Waterbury Center on June 14th for the Club's Annual Meeting. What a treat to see the new GMC Visitors Center and mingle with staff, directors, and fellow section members! We received new insights in the Club's efforts to protect and conserve the Long Trail corridor especially in the northern sections of the trail. It was my special treat to ride along with Past President *Inge Brown*, who truly delighted in sharing this day with all of us.

Sadly, Inge's health declined. She embarked on her next great adventure on her own terms on 8/1/25. We will always miss this splendid woman. Please see the information for making Memorial Gifts to the UVO Section in this issue. This is something she wanted.



Our spring and early summer trail work involved clearing more blow downs, large and small, than anyone can remember. Enormous thanks to our UVO Sawyers who put in more work than ever before.

Also, The US Forest Service did a marvellous job resurfacing the parking lot at Rte. 12 and providing level footed access to the bridge across Gulf Stream. See photo on left provided by *Seth Coffey*.

We have had some turnover in Trail and Shelter Adopters. *Dick Ruben*, thank you for many years of maintaining Thistle Hill! The new Adopter for Thistle Hill Shelter is *Karen McNall*. We also thank *Rick Windish* for your years of GMC support. Rick is turning

over Pomfret Rd to Cloudland Rd to *Kristen Pizarro* and *Michael Prosalik*. These new Adopters will do a great job!

Our summer Outings have perked along with mostly excellent weather. I can attest that my outing to Camel's Hump on June 29, (rescheduled from a rainy June 28) was a fabulous day with UVO hikers joined by hikers from CT and other sections. The refurbished Burrows Trail is a marvel!

The GMC Governance Review continues. I will supply more information on its progress at the Sept 2nd Quarterly Meeting.

Please join me in supporting the GMC 2025 Trail Day on September 20, 2025. It will be cooler by then!

*Debbie Marcus*

## INGE BROWN (3/3/1934 – 8/1/2025)

A very personal remembering.



*Inge Brown* left us – on her own terms – the way she lived.

I happened to visit her the day she started voluntary cessation of eating and drinking (VCED) to end her life under Hospice care. "*I had a good life*" she said, "*but the more interesting part was before I joined the O-Section*". Well, I did not know her then. All I remember are the last thirty years with Inge in the Green Mountain Club. She came into our lives in December 1995 by crashing the Trebitz' New Year's Eve Party, showing up unannounced as a friend of the Janeways. During the following years she made up for it by offering countless dinners, celebrations, parties and invitations at her house, always with a spread of lots of delicious food, beautifully arranged. Inge was an excellent cook and loved to entertain. With her wide-ranging interests in opera, music, ballroom dancing, foreign countries, travel, crop lines, Osher classes, - friends and acquaintances from all over the world enjoyed her hospitality. On the home ground, she joined and led bike rides and short hikes, often coming up with new trails

or venues, and helped on workdays. From 2008 to 2015 she was President of our O-Section.

With the troubles of getting older, Inge had to give up some of her beloved activities, like downhill skiing, dancing, sailing, even biking, but she never complained. She stayed her independent feisty self, always conscious of her appearance, sometimes a bit bossy (I called her the General) but always generous, cheerful and optimistic.

*Inge Trebitz*

*Inge Brown* had often mentioned to her friends that she did not want a memorial planned after her death. Instead she would make sure a big happy party could be for arranged later.

The timing and place for Inge's party is not going to be known for a while. In the meantime we in the O-Section should think about an informal gathering or potluck in her memory.

Memorial gift instructions can be found on page 5 of the Footnotes.

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## "O" SECTION FALL ACTIVITIES, SEPTEMBER - NOVEMBER 2025

<b>Hunting Season</b>	<b>VT:</b> 10/1 - 11/14 & 12/1 - 15 <b>10/25 – 26</b> 10/30 - 11/2 <b>11/15 – 30</b> 12/6 – 14	Deer Archery <b>Youth/Novice Deer Wkend</b> Deer Muzzleloader Antlerless <b>Deer Regular Season</b> Deer Muzzleloader	<b>NH:</b> 9/15 - 12/15 <b>10/25 – 26</b> 11/1 – 11 <b>11/12 - 12/7</b>	Archery: Deer & Turkey <b>Youth Deer Wkend</b> Deer Muzzleloader <b>Deer Reg. Firearms</b>
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\*\*\* Easy on the knees BACK-COUNTRY ETIQUETTE: NO CELL PHONE USE EXCEPT IN EMERGENCY

Sep 2 Tues	<b>UVO Qtrly Bus. &amp; Plan. Meeting</b>	UVO Quarterly Business & Planning Meeting for Winter (Dec – Feb.) outings. 7:00 p.m. via Zoom, because it works so well. Call or email Kathy Astraukas ahead w/ ideas if you can't join us. <a href="mailto:kabh@myfairpoint.net">kabh@myfairpoint.net</a>	Kathy Astraukas 802-785-4311
Sep 3 Wed	Hike	Burnt Rock Mtn (3168'), North Fayston, VT. Out-and-back via Hedgehog Brook & Long Trails. Good views. 5.2 mi, ~2000' climb. Moderate - Strenuous. Cell phone (call or text msg; NO voicemail): 802-356-0428	Susan Ogden <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>
Sep 5 Fri	Hike	West Hartford & Norwich, VT. Further exploration of areas not hiked during July's ramble over hill & dale on A.T. & in & around A.T. corridor. Pass formerly (& some currently) inhabited areas, including another cemetery (4 headstones, all Newton family) & some camps along Class IV rds. Explore a maze of trails, old logging roads & rogue mtn bike trails. Lunch at some spot we deem comfortable. 5+ hours. Possible short car spot.	Laurelae Oehler 802-233-3706 <a href="mailto:laurelae@yahoo.com">laurelae@yahoo.com</a>
Sep 6 Sat	<b>Hike</b>	Mount Ascutney (3150'), West Windsor, VT. Out-&-back on Bicentennial Trail via new sections of trail added by Upper Valley Trails Alliance in 2023. 6.3 mi, 2051' climb. Strenuous. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill (802) 291-3208
Sep 7 Sun	Hike	Lyme Town Forest, Lyme, NH. New extension to the Phungus & Phorest Trails. 5 miles. Some steep areas. Moderate.	Lynne Miller 603-643-6194
Sep 8 Mon	Hike	Potash Mtn. (2680'). From Kancamagus Hwy, Mt. Potash Trail out-&-back. Grand views of Mt. Passaconaway & Mt. Whiteface, the Tripyramids, Mt. Carrigain, & more. Ledges with views on the way up to rocky summit. 4.4 mi, 1450' climb. Moderate.	Mark Harvey 218-329-8877 <a href="mailto:rthundermtn@gmail.com">rthundermtn@gmail.com</a>
Sep 9 Tues	Bike Ride	Plainfield, NH along River Road. Lollipop loop, 12 mi total. Hybrid bike needed. Mostly paved with the loop on dirt. Beautiful farmland, some woods. Moderate.	Inge/Heinz Trebitz 802-785-2129
Sep 13 Sat	Hike	Mount Cardigan (3121') via Skyland Trail fr Alexandria 4 Corners to South Ridge Tr & Clark Tr to summit. Descend via West Ridge Tr to parking & picnic area in Cardigan Mtn. State Pk, Orange, NH. Scenic route crossing 5 peaks that extend S & SE of Mount Cardigan. 7.5 mi, 2150' climb. Moderate. <b>Car spot.</b> <a href="mailto:Mcclearytom54@gmail.com">Mcclearytom54@gmail.com</a> Cell:802-356-0890	Tom McCleary 802-295-7592 home
Sep 15 Mon	Hike	Wright's Mtn (1882'), Bradford, VT. Network of trails, many named for the people involved in developing the area. Cabin/lookout at summit w/ views of VT; return w/ view of NH. Side trip to Devil's Den possible if group wants. 5+ mi. Moderate; hilly.	Iris Berezin 802-295-2294
Sep 16 Tues	Bike Ride	Bike around Mascoma Lake. Start in Lebanon, NH (CCBA pkg area). Northern Rail Trail to NH-4A S to Shaker Bridge. Cross bridge to Shaker Hill Rd, around S end of lake to NH-4A N, crossing Shaker Bridge again; return to CCBA on N. Rail Trail. 14 mi, uphill on Shaker Hill Rd. Paved & gravel. Easy. <a href="mailto:Mcclearytom54@gmail.com">Mcclearytom54@gmail.com</a> cell: 802-356-0890	Tom McCleary 802-295-7592 home
Sep 20 Sat	<b>Long Trail Day Hike</b>	AT from Cloudland Rd to Stage Rd, Pomfret, VT. Splendid views on DuPuis Hill (1730') & the Machu Picchu of central VT. Ups and downs. 4.0 mi. Moderate. <b>Car spot.</b> Green Mtn Club Hike-a-Thon fundraiser supporting care & protection of > 500-mi. of hiking trails in VT, including the LT & AT. <a href="https://secure.qgiv.com/event/longtrailday2025/">https://secure.qgiv.com/event/longtrailday2025/</a> <a href="mailto:debbie.marcus57@gmail.com">debbie.marcus57@gmail.com</a>	Debbie Marcus 978-578-4198
Sep 27 Sat	Hike	Mt Ascutney (3,150'), Windsor VT. Out-&-back on Windsor Trail. Summit observation tower, West Peak, & Castle Rock. ~ 6 mi, 2,700' climb. Moderate - Strenuous. <a href="mailto:russcann@yahoo.com">russcann@yahoo.com</a>	Russ Cannizzaro 919-576-6109 <b>No calls after 8 pm.</b>
Sep 29 Mon	Hike	Sucker Brook Trail to Middlebury Gap, Hancock, VT. Start on USFS dirt road, climb on Sucker Brk Tr to Sucker Brook Shelter; Long Tr north: Worth Mtn, Lake Pleiad, down to Middlebury Gap via section of trail newly granted permanent protection by Middlebury College. 7 mi, 1600' climb. Moderate - Strenuous. Car Spot. Cell phone (call or text msg; NO voicemail): 802-356-0428	Susan Ogden <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>
Oct 4 Sat	Hike	Mounts Morgan (2,221') & Percival (2,211'), Holderness NH. Crawford-Ridgepole Tr, Mt Percival Tr, Morse Tr. On "52 with a View" list. Ladders & caves. 5.7 mi, 1600' climb. Challenging. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill (802) 291-3208
Oct 5 Sun	Hike	Seyon Lodge State Park, Groton, VT. Hike around Noyes Pond. Contact Leader for details. <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>	Annie Janeway 413-374-0988
Oct 6 Mon	Hike	Sugarbush ski resort. From Lincoln Peak Base Village up Jester ski trail to Lincoln Peak (observation deck) & Nancy Hanks Peak. Long Trail north to top of Sugarbush's Castlerock ski lift. Down steep Castlerock ski trail back to Lincoln Peak Base. Great views. 7.5 mi, 2300' climb. Strenuous. <a href="mailto:pmrobertson50@gmail.com">pmrobertson50@gmail.com</a>	Phil Robertson 802-457-7357



Oct 10 Fri	Hike	Black Mtn (2830'), East Haverhill, NH. Chippewa Tr. Steep, w/ many incredible views, esp. summit view toward Moosilauke. Tipping Rock. Side trip to historic lime kilns. 3.8 mi, 1550' climb. Some very steep sections. Moderate - Strenuous.	Iris Berezin 802-295-2294
Oct 12 Sun	Road Walk/ Hike	Thetford, Norwich, VT area. Gravel & woods roads. 4.8 mi, 400' elevation gain. Car spot.	Lynne Miller 603-643-6194
Oct 15 Wed	Hike	Bill Ballard Trail, Norwich, VT. About 4 miles one way (car spot). Includes lovely section along Charles Brown Brook & "Grand Canyon of Norwich". Easy - Moderate.	Inge/Heinz Trebitz 802-785-2129
Oct 18 Sat	Hike	Appalachian Trail, Hanover NH. From Three Mile Rd to Moose Mtn's South & North Peaks (~2300'). Out-&-back, ~ 7.6 mi, 2,000' climb. Nice views @ Moose Mtn. Shelter & South Peak. Moderate-Strenuous. <a href="mailto:russcann@yahoo.com">russcann@yahoo.com</a>	Russ Cannizzaro 919-576-6109 <b>No calls after 8 pm.</b>
Oct 20 Mon	Hike	Blueberry Mtn (2662'), Glencoff, NH. Out and back. ~ 5 mi round trip, 1300' climb. Fabulous views from ledges. Moderate.	Iris Berezin 802-295-2294
Oct 25 Sat	Hike	Big Deer Mtn, Groton State Forest, VT. Loop fr north: Big Deer Mtn. Tr to Big Deer Mtn, Coldwater Brook Tr to Lake Groton Nature Ctr; return on Hosmer Brook Tr & Osmore Pond Loop Tr. Stunning view of Lake Groton to south. 8 mi, 380' climb. Moderate. <a href="mailto:Mcclearytom54@gmail.com">Mcclearytom54@gmail.com</a> cell: 802-356-0890	Tom McCleary 802-295-7592 home
Oct 26 Sun	Hike	Owl's Head (3225', i.e. NOT the NH-4000-Footer) & Mt Martha (3556'), Carroll NH. From NH-115, out & back on Owl's Head Tr & Martha's Mile. On "52 with a View" list. Views from both summits; unique, amazing view of Presidentials. Very short but steep rock scramble on the otherwise lovely saddle between summits. 5.8 mi, 2656' climb. Strenuous. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill (802) 291-3208
Oct 31 Fri	Hike	Halloween on Section 5 loop, Quechee, VT. Different tree types, a stream, foundation, stonewalls, ledges. Interpretive signs: info on geology, area's early inhabitants, remnants of settlements. ~ 3 hours. Moderate.	Iris Berezin 802-295-2294
Nov 1 Sat	Hike	Mt. Israel (2625'), Sandwich, NH. Wentworth Trail. On "52 with a View" list. 4.2 mi, 1700' climb. Moderate. <a href="mailto:kpmhoneill@gmail.com">kpmhoneill@gmail.com</a>	Patrick O'Neill (802) 291-3208
Nov 2 Sun	Hike	Daylight Saving Time Ends! "My Walden", Sharon, VT. Lovely conserved property. Contact leader for details. <a href="mailto:ajaneway@gmail.com">ajaneway@gmail.com</a>	Annie Janeway 413-374-0988
Nov 3 Mon	Hike	Marsh-Billings Rockefeller National Historical Park, Woodstock, VT. From Prosper Rd Trailhead on lesser-used trails: West Ridge Tr, Maple Tr, Acer Loop, Red Pine Loop, Summer Pasture, North Ridge, Middle Pass, Prosper Tr loop. Some really nice views. May also go around The Pogue. ~ 4 miles. Moderate.	Iris Berezin 802-295-2294
Nov 4 Tues	Paved Road Walk	All the way around Lake Morey, Fairlee, VT. Views of lake the whole way. 6 mi. Mostly level with 1 or 2 small hills. Easy. <a href="mailto:jdanna28@yahoo.com">jdanna28@yahoo.com</a>	Judy Danna 603-306-2985
Nov 8 Sat	Hike	French's Ledges, Plainfield, NH. Start at Plainfield Elem Schl. 2 - 3 hour meander through woods; short scramble to top of ledges & beautiful view. Moderate.	Iris Berezin 802-295-2294
Nov 10 Mon	Hike	Mt. Cushman (2750'), Rochester, VT. Follow class IV road from trailhead off Rochester Hollow Rd through saddle between Rochester Mtn & Mt Cushman to summit; return the same way. 5.6 mi, 1,350' climb. Moderate. Cell phone (call or text msg; NO voicemail): 802-356-0428	Susan Ogden <a href="mailto:susanstarchild58@gmail.com">susanstarchild58@gmail.com</a>
Nov 11 Tues	Hike	Veterans Day: U.S. Army Corps of Engineers Union Village Dam Recreation Area, Thetford, VT. Loop on trails & old farm roads, lots of ups & downs, beautiful views of river. 4 - 5 mi. Moderate.	Inge Trebitz 802-785-2129
Nov 15 Sat	Road Walk + Potluck	Stick and Hunting Season celebration! Road walk and potluck social at leader's home in Quechee. ~ 5 mi. on lovely back roads, some hills. Great food & conversation after the walk. Maybe we'll burn a few sticks in the fire pit! <a href="mailto:debbie.marcus57@gmail.com">debbie.marcus57@gmail.com</a>	Debbie Marcus 978-578-4198
Nov 17 Mon	Hike	Mt. Peg, Woodstock, VT. Great view. 3 mi, 344' climb. Moderate due to footing & uphills.	Lynne Miller 603-643-6194
Nov 18 Tues	Hike	Longwood Tree Farm, Cornish, NH. A romp on trail system of 405-acre tree farm. 3 - 4 mi, 500' climb. Easy. <a href="mailto:Mcclearytom54@gmail.com">Mcclearytom54@gmail.com</a> cell: 802-356-0890	Tom McCleary 802-295-7592 home
Nov 22 Sat	Road Walk	Lovely, bucolic Dogford Road from cemetery in Etna to Hanover Center, NH. 4.7 mi, all paved, some hills. Moderate. Short car spot (~ 2 mi).	Kathy Astraukas/ Bob Hagen 802-785-4311
Nov 30 Sun	Dirt Road Walk	Thetford, VT. Campbell Flats loop: Ompompanoosuc River and Union Village Dam. Approx. 6 mi, mostly dirt roads. Moderate w/ several steep sections.	Kathy Astraukas/Bob Hagen 802-785-4311



New Trail Sign in West Hartford

Photo: Heinz Trebitz

**GMC Trail Day 2025** The Green Mountain Club's annual Trail Day is coming up on **September 20, 2025**. This is the GMC's only fundraising event, so it's truly important to take notice and help support the Club's effort to sustainably maintain and protect over 500 miles of hiking trails in Vermont, including the Long Trail.

Register your Hike-a-Thon team or Register as an individual. Invite family

and friends to join you in person or support you from afar, using the Club's online system.

**Consider joining UVO Section President, *Debbie Marcus*, on her hike scheduled for September 20 on an exceptionally beautiful section of the Appalachian Trail in Pomfret. She has registered a Hike-a-Thon for anyone to direct their contributions. You can contribute even if you cannot attend the hike on 9/20/25. Any amount helps!** Or you can register your own hike-a-thon and hike independently whatever distance, whatever trail you want on any day. It's so easy!

*Debbie Marcus*, UVO President

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### **In Memoriam Inge Brown:**

Instructions for making Memorial Contributions for Inge Brown - both by physical check and by utilizing the GMC's online donation system.

**By check:** Please make your check payable to: Upper Valley Ottauquechee Section of the Green Mountain Club. Memo line: Memorial contributions for Inge Brown. Mail check to: ***Iris Berezin***, 169 Woodhaven Dr Unit 2D, White River Junction, VT 05001.

#### **By the GMC's online Donation System:**

From the GMC's website homepage, click on DONATE in the **Page bar** at the top.

Scroll down to Make a Gift in Someone's Name/ After clicking on DONATE,

see the drop down menu and scroll down the section **Other Ways to Give**.

Then scroll down to **Make a Gift in Someone's Name**. Click on Make a gift today.

Select a \$\$ amount or enter your own \$\$ amount.

Click on the box concerning the gift amount in the message or leave empty as you prefer.

Continue and complete the boxes as required. Enter *Inge Brown* for Honoree Last Name, and enter *Annie Janeway's* name and address in the Notification Recipient Boxes. Use the following:

***Annie Janeway***, 99 Heather Dr 8b, White River Junction, VT- Vermont, 05001.

Message Body: *Please direct the gift to the Upper Valley Ottauquechee section of the GMC.*

Check "Yes, the honoree is deceased"

Continue by completing your own billing information.

Submit.

## OTTAUQUECHEE FOOTNOTES

Upper Valley Ottauquechee Section  
Of the ©Green Mountain Club  
<https://uppervalleygmc.org>

Ottauquechee Section Editor  
Ingeborg M. Trebitz  
480 Colby Road N.  
Thetford Center, VT 05075  
Tel: 802-785-2129  
e-mail: IngeTrebitz@gmail.com

### ***AN INVITATION TO JOIN THE GREEN MOUNTAIN CLUB***

**Who are we?** Founded in 1910, the Green Mountain Club was established "to make the Vermont mountains play larger part in the lives of people". To meet that goal, the club constructed the 272-mile Long Trail (LT). The GMC is responsible for developing policies and programs aimed at preservation, maintenance, and proper use of hiking trails for the benefit of the people of Vermont.

**What is the Upper Valley Ottauquechee Section?** Our section, one of 14 chapters of the GMC, is located in and around the Upper Valley. We schedule activities all year round for those who enjoy the outdoors, including hikes, bike trips, canoe outings, cross country skiing and snow shoe hikes. The "UVO" Section is responsible for the maintenance of 46 miles of the Appalachian Trail (AT) between Maine Junction at Willard Pass near Killington and the Connecticut River at Norwich, VT, including four trail shelters.

**We invite you to join!** If you wish to participate in our activities, meet friendly, outdoors loving people and contribute to the maintenance and quality of Vermont's hiking trail system, the Upper Valley Ottauquechee Section welcomes you.. Through the quarterly GMC Long Trail News and the "UVO"Section Footnotes you will get information about section and main club activities and issues of interest. For more information, call Iris Berezin at 802-295-2294.

For membership, fill out the application below and send to Green Mountain Club, 4711 Waterbury-Stowe Road, Waterbury Center, VT 05677, attRick Dugan/Membership. Please enclose a check, payable to the Green Mountain Club.

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### ***APPLICATION FOR MEMBERSHIP***

I (we)wish to join the Ottauquechee Section of the Green Mountain Club.

A check for \$ \_\_\_\_\_ is enclosed.

Name(s) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Telephone #:

E-mail: \_\_\_\_\_

Dues per year are \$ 45.- for adults and \$ 60.- for families